#### CHRISTIAN

# MORALS.

THE SECOND EDITION.

WITH

A LIFE OF THE AUTHOR,

AND

EXPLANATORY NOTES.

103 d

## CHRISTIAN

# MORALS:

BY

# Sir Thomas Browne,

Of Norwich, M.D.

AND AUTHOR OF

## RELIGIO MEDICI.

THE SECOND EDITION.

WITH

A LIFE OF THE AUTHOR,

BY.

# SAMUELJOHNSON;

AND

EXPLANATORY NOTES.

LONDON:

Printed by Richard Hett,

For J. PAYNE, at Pope's HEAD, in

PATER-NOSTER ROW.

M DCC LVI



THE

# Sir Thomas Browne.

獨HOUGH the writer of the following Essays seems to have had the fortune common among men of letters, of raifing little curiosity after his private life, and has, therefore, few memorials preserved of his selicities or missortunes; yet, because an edition of a posthumous work appears imperfect and neglected, without some account of the author, it was thought necessary to attempt the gratification of that curiofity

fity which naturally inquires, by what peculiarities of nature or fortune eminent men have been distinguished, how uncommon attainments have been gained, and what influence learning has had on its possessors, or virtue on its teachers.

SIR THOMAS BROWNE was born at London, in the parish of St. Michael in Cheapside, on the 19th of October, MDCv. a His father was a merchant of an antient family at Upton in Cheshire. Of the name or family of his mother, I find no account.

OF his childhood or youth, there is little known; except that he lost his father very early; that he was, according to the common b fate of orphans, defrauded by one of his guardians; and that he was placed for his education at the school of Winchester.

His mother, having taken c three thousand pounds, as the third part of

b Whitefoot's character of Sir Thomas Browne in

Life of Sir Thomas Browne, prefixed to the antiquities of Norwich.

a marginal note.

\* Life of Sir Thomas Browne.

her husband's property, left her son, by consequence, six thousand; a large fortune for a man destined to learning, at that time when commerce had not yet silled the nation with nominal riches. But it happened to him as to many others, to be made poorer by opulence; for his mother soon married Sir Thomas Dutton, probably by the inducement of her fortune; and he was left to the rapacity of his guardian, deprived now of both his parents, and therefore helpless and unprotected.

HE was removed in the beginning of the year MDCXXIII from Winchester to Oxford; d and entered a gentleman-commoner of Broadgate-Hall, which was soon afterwards endowed, and took the name of Pembroke-College, from the Earl of Pembroke then chancellor of the University. He was admitted to the degree of bachelor of arts, January 31, MDCXXVI-VII; being, as Wood remarks, the first man of eminence graduated from the new college, to which the zeal or gratitude of those that love

Wood's Athenæ Oxonienses.

it most, can wish little better, than that

it may long proceed as it began.

HAVING afterwards taken his degree of master of arts, he turned his studies to physick, a and practised it for some time in Oxfordshire; but soon afterwards, either induced by curiosity, or invited by promises, he quitted his settlement, and accompanied his b fatherin-law, who had some employment in Ireland, in a visitation of the forts and castles, which the state of Ireland then made necessary.

He that has once prevailed on himfelf to break his connexions of acquaintance, and begin a wandering life, very easily continues it. Ireland had, at that time, very little to offer to the observation of a man of letters: he, therefore, passed into France and Italy; made some stay at Montpellier and Padua, which were then the celebrated schools of physick; and returning home through Holland, procured himself to be created Doctor of physick at Leyden.

a Wood. b Life of Sir Thomas Browne.

c Ibid.

When he began his travels, or when he concluded them, there is no certain account; nor do there remain any obfervations made by him in his passage through those countries which he visited. To consider, therefore, what pleasure or instruction might have been received from the remarks of a man so curious and diligent, would be voluntarily to indulge a painful reflection, and load the imagination with a wish, which, while it is formed, is known to be vain. It is, however, to be lamented, that those who are most capable of improving mankind, very frequently neglect to communicate their knowledge; either because it is more pleasing to gather ideas than to impart them, or because to minds naturally great, few things appear of so much importance as to deserve the notice of the publick.

ABOUT the year MDCXXXIV, d he is supposed to have returned to London; and the next year to have written his celebrated treatise, called Religion of a Physi-

d Biographia Britannica.

"cian," a which he declares himself never to have intended for the press, having composed it only for his own exercise and entertainment. It, indeed, contains many passages, which, relating merely to his own person, can be of no great importance to the publick: but when it was written, it happened to him as to others, he was too much pleased with his performance, not to think that it might please others as much; he, therefore, communicated it to his friends, and receiving, I suppose, that exuberant applause with which every man repays the grant of perusing a manuscript, he was not very diligent to obstruct his own praise by recalling his papers, but fuffered them to wander from hand to hand, till at last, without his own confent, they were in MDCXLII given to a printer.

This has, perhaps, sometimes befallen others; and this, I am willing to believe, did really happen to Dr. Browne: but there is, surely, some reason to

doubt

<sup>&</sup>lt;sup>2</sup> Letter to Sir Kenelm Digby, prefixed to the Religio Medici, folio edit.

doubt the truth of the complaint so frequently made of surreptitious editions. A fong, or an epigram, may be easily printed without the author's knowledge; because it may be learned when it is repeated, or may be written out. with very little trouble: but a long treatise, however elegant, is not often copied by mere zeal or curiofity, but may be worn out in passing from hand to hand, before it is multiplied by a transcript. It is easy to convey an imperfect book, by a distant hand, to the press, and plead the circulation of a false copy as an excuse for publishing the true, or to correct what is found faulty or offensive, and charge the errors on the transcriber's depravations.

This is a stratagem, by which an author panting for fame, and yet afraid of seeming to challenge it, may at once gratify his vanity, and preserve the appearance of modesty; may enter the lists, and secure a retreat: and this, candour might suffer to pass undetected as an innocent fraud, but that indeed no fraud is innocent; for the confidence

which makes the happiness of society, is in some degree diminished by every man, whose practice is at variance with his words.

The Religio Medici was no fooner published than it excited the attention of the publick, by the novelty of paradoxes, the dignity of fentiment, the quick succession of images, the multitude of abstruct allusions, the subtlety of disquisition, and the strength of lan-

guage.

What is much read, will be much criticised. The Earl of Dorset recommended this book to the perusal of Sir Kenelm Digby, who returned his judgment upon it, not in a letter, but a book; in which, though mingled with some positions fabulous and uncertain, there are acute remarks, just censures, and prosound speculations, yet its principal claim to admiration is, that a it was written in twenty sour hours, of which part was spent in procuring Browne's book, and part in reading it.

DIGBY's letter to BROWNE, prefixed to the Religio Medici, folio edit.

Of these animadversions, when they were yet not all printed, either officiousness or malice informed Dr. Browne; who wrote to Sir Kenelm with much softness and ceremony, declaring the unworthiness of his work to engage such notice, the intended privacy of the composition, and the corruptions of the impression; and received an answer equally gentle and respectful, containing high commendations of the piece, pompous professions of reverence, meek acknowledgments of inability, and anxious apologies for the hastiness of his remarks.

The reciprocal civility of authors is one of the most risible scenes in the sarce of life. Who would not have thought, that these two luminaries of their age had ceased to endeavour to grow bright by the obscuration of each other: yet the animadversions thus weak, thus precipitate, upon a book thus injured in the transcription, quickly passed the press; and Religio Medici was more accurately published, with an admonition presixed "to those who have

" or shall peruse the observations upon a former corrupt copy;" in which there is a severe censure, not upon Digby, who was to be used with ceremony, but upon the Observator who had usurped his name: nor was this invective written by Dr. Browne, who was supposed to be satisfied with his opponent's apology; but by some officious friend zealous for his honour, without his consent.

Browne has, indeed, in his own preface, endeavoured to secure himself from rigorous examination, by alleging, that "many things are delivered rheto-"rically, many expressions merely tro-"pical, and therefore many things to " be taken in a soft and flexible sense, " and not to be called unto the rigid " test of reason." The first glance upon his book will indeed discover examples of this liberty of thought and expression: "I could be content (says he) "to be nothing almost to eternity, if I "might enjoy my Saviour at the last." He has little acquaintance with the acuteness of Browne, who suspects him

of a serious opinion, that any thing can be "almost eternal," or that any time beginning and ending is not infinitely less than infinite duration.

In this book, he speaks much, and, in the opinion of DIGBY, too much of himself; but with such generality and conciseness as affords very little light to his biographer: he declares, that, besides the dialects of different provinces, he understood six languages; that he was no stranger to astronomy; and that he had seen several countries: but what most awakens curiosity, is his solemn affertion, that "His life has been a mi-" racle of thirty years; which to relate, "were not history but a piece of poe-" try, and would sound like a fable."

There is, undoubtedly, a sense, in which all life is miraculous; as it is an union of powers of which we can image no connexion, a succession of motions of which the first cause must be supernatural: but life, thus explained, whatever it may have of miracle, will have nothing of sable; and, therefore, the author undoubtedly had regard to some-

thing, by which he imagined himself distinguished from the rest of mankind.

Or these wonders, however, the view that can be now taken of his life offers no appearance. The course of his education was like that of others, fuch as put him little in the way of extraordinary casualties. A scholastick and academical life is very uniform; and has, indeed, more safety than pleasure. A traveller has greater opportunities of adventure; but Brown e traversed no unknown seas, or Arabian desarts: and, furely, a man may visit France and Italy, reside at Montpellier and Padua, and at last take his degree at Leyden, without any thing miraculous. What it was, that would, if it was related, found so poetical and fabulous, we are left to guels; I believe, without hope of gueising rightly. The wonders probably were transacted in his own mind: felf-love, co-operating with an imagination vigorous and fertile as that of Browne, will find or make objects of astonishment in every man's life: and, perhaps, there is no human being, how-

ever

ever hid in the crowd from the observation of his fellow-mortals, who, if he has leisure and disposition to recollect his own thoughts and actions, will not conclude his life in some sort a miracle, and imagine himself distinguished from all the rest of his species by many discriminations of nature or of fortune.

The success of this performance was such, as might naturally encourage the author to new undertakings. A gentleman of Cambridge, a whose name was Merryweather, turned it not inelegantly into Latin; and from his version it was again translated into Italian, German, Dutch, and French; and at Strasburg the Latin translation was published with large notes, by Lenuus Nicolaus Moltsarius. Of the English annotations, which in all the editions from MDCXLIV accompany the book, the author is unknown.

OF MERRYWEATHER, to whose zeal Brown E was so much indebted for the sudden extension of his renown, I know nothing, but that he published

a Life of Sir Thomas Browns.

a small treatise for the instruction of young persons in the attainment of a Latin stile. He printed his translation in Holland with some difficulty. The first printer to whom he offered it, carried it to Salmasius, "who laid it by (says he) in state for three months," and then discouraged its publication: it was afterwards rejected by two other printers, and at last was received by Hackius.

The peculiarities of this book raised the author, as is usual, many admirers and many enemies; but we know not of more than one professed answer, written under bethe title of "Medicus" medicatus," by ALEXANDER Ross, which was universally neglected by the world.

At the time when this book was published, Dr. Brown E resided at Norwich, where he had settled in MDCXXXVI, by c the persuasion of Dr. Lushington

a Merryweather's letter, inserted in the life of Sir Thomas Browne.

b Life of Sir Thomas Browne.

<sup>•</sup> Wood's Athenæ Oxonienses.

his tutor, who was then rector of Barnham Westgate in the neighbourhood. It is recorded by Wood, that his practice was very extensive, and that many patients resorted to him. In MDCXXXVII d he was incorporated Doctor of physick in Oxford.

HE married in MDCXLI e Mrs. MILE-HAM, of a good family in Norfolk; "a " lady (fays Whitefoot) of fuch " symmetrical proportion to her worthy "husband, both in the graces of her " body and mind, that they seemed to " come together by a kind of natural " magnetism."

This marriage could not but draw the raillery of contemporary wits f upon a man, who had just been wishing in his new book, "that we might procreate, " like trees, without conjunction;" and had glately declared, that "the whole "world was made for man, but only "the twelfth part of man for woman;" and, that "man is the whole world,

d Wood. • Whitefoot. f Howel's letters. g Religio Medici.

"but woman only the rib or crooked" part of man."

Whether the lady had been yet informed of these contemptuous positions, or whether she was pleased with the conquest of so formidable a rebel, and confidered it as a double triumph, to attract so much merit, and overcome so powerful prejudices; or whether, like most others, she married upon mingled motives, between convenience and inclination; she had, however, no reason to repent: for she lived happily with him one and forty years; and bore him ten children, of whom one son and three daughters outlived their parents: she survived him two years, and passed her widowhood in plenty, if not in opu-

BROWNE having now entered the world as an author, and experienced the delights of praise and molestations of censure, probably found his dread of the publick eye diminished; and, therefore, was not long before he trusted his name to the criticks a second time: for

in

in MDCXLVI a he printed Enquiries in-'TO VULGAR AND COMMON ERRORS; a work, which as it arose not from fancy and invention, but from observation and books, and contained not a fingle discourse of one continued tenor, of which the latter part rose from the former, but an enumeration of many unconnected particulars, must have been the collection of years, and the effect of a design early formed and long persued, to which his remarks had been continually referred, and which arose gradually to its present bulk by the daily aggregation of new particles of knowledge. It is, indeed, to be wished, that he had longer delayed the publication, and added what the remaining part of his life might have furnished: the thirty-fix years which he spent afterwards in study and experience, would doubtless have made large additions to an "Enquiry into vulgar errors." He published in MDCLXXIII the sixth edition, with some improvements; but

<sup>&</sup>lt;sup>2</sup> Life of Sir Thomas Browne.

I think rather with explications of what he had already written, than any new heads of disquisition. But with the work, such as the author, whether hindered from continuing it by eagerness of praise; or weariness of labour, thought fit to give, we must be content; and remember, that in all sublunary things, there is something to be wished, which we must wish in vain.

This book, like his former, was received with great applause, was anfwered by ALEXANDER Ross, and translated into Dutch and German, and not many years ago into French. It might now be proper, had not the favour with which it was at first received filled the kingdom with copies, to reprint it with notes partly supplemental and partly emendatory, to subjoin those discoveries which the industry of the last age has made, and correct those mistakes which the author has committed not by idleness or negligence, but for want of BOYLE's and NEWTON's philosophy.

HE appears, indeed, to have been willing to pay labour for truth. Having

heard

heard a flying rumour of sympathetick ncedles, by which, suspended over a circular alphabét, distant friends or lovers might correspond, he procured two fuch alphabets to be made, touched his needles with the same magnet, and placed them upon proper spindles: the result was, that when he moved one of his needles, the other, instead of taking by sympathy the same direction, " stood like the pillars of Hercules." That it continued motionless, will be eafily believed; and most men would have been content to believe it, without the labour of so hopeless an experiment. Browne might himself have obtained the same conviction by a method less operose, if he had thrust his needles through corks, and then set them affoat in two basons of water.

Notwithstanding his zeal to detect old errors, he feems not very eafy to admit new positions; for he never mentions the motion of the earth but with contempt and ridicule, though the opinion, which admits it, was then growing popular, and was, surely, plau-

sible, even before it was confirmed by later observations.

The reputation of Browne encouraged some low writer to publish, under his name, a book called a "Nature's ca"binet unlocked," translated, according to Wood, from the physicks of Magirus; of which Browne took care to clear himself, by modestly advertising, that "if any man b had been "benefited by it, he was not so ambi"tious as to challenge the honour thereof, as having no hand in that "work."

IN MDCLVIII the discovery of some antient urns in Norfolk gave him occasion to write Hydriotaphia, UrnBurial, or a discourse of sepulchral urns, in which he treats with his usual learning on the funeral rites of the antient nations; exhibits their various treatment of the dead; and examines the substances sound in his Norfolcian urns. There is, perhaps, none of his works which better exemplisies

<sup>2</sup> Wood, and Life of Thomas Browne.

h At the end of Hydriotaphia.

his reading or memory. It is scarcely to be imagined, how many particulars he has amassed together, in a treatise which seems to have been occasionally written; and for which, therefore, no materials could have been previously collected. It is, indeed, like other treatises of antiquity, rather for curiosity than use; for it is of small importance to know which nation buried their dead in the ground, which threw them into the sea, or which gave them to birds and beafts; when the practice of cremation began, or when it was disused; whether the bones of different persons were mingled in the same urn; what oblations were thrown into the pyre; or how the ashes of the body were distinguished from those of other substances. Of the uselesness of all these enquiries, Browne feems not to have been ignonorant; and, therefore, concludes them with an observation which can never be too frequently recollected.

"All or most apprehensions rested "in opinions of some future being, "which ignorantly or coldly believed, "begat

begat those perverted conceptions,

" ceremonies, sayings, which christians

" pity or laugh at. Happy are they,

"which live not in that disadvantage

" of time, when men could say little

" for futurity, but from reason; where-

" by the noblest mind fell often upon

"doubtful deaths, and melancholy dif-

" solutions: with these hopes Socra-

res warmed his doubtful spirits, a-

"gainst the cold potion; and CATO,

" before he durst give the fatal stroke,

" spent part of the night in reading

"the Immortality of Plato, thereby

"confirming his wavering hand unto

"the animosity of that attempt.

"IT is the heaviest stone that me-

"lancholy can throw at man, to tell

"him he is at the end of his nature;

" or that there is no further state to

" come, unto which this seems pro-

"gressional, and otherwise made in

"vain: without this accomplishment,

"the natural expectation and desire of

" such a state, were but a fallacy in na-

"ture; unsatisfied considerators would

" quarrel the justice of their constitu-

" tion,

#### Sir Thomas Browne. xxiii

"tion, and rest content that ADAM. "had fallen lower, whereby, by know-"ing no other original, and deeper ig-"norance of themselves, they might "have enjoyed the happiness of infe-"rior creatures, who in tranquillity " posses their constitutions, as having " not the apprehension to deplore their "own natures; and being framed be-" low the circumference of these hopes " or cognition of better things, the "wisdom of God hath necessitated "their contentment. But the superior "ingredient and obscured part of our-"selves, whereto all present felicities "afford no resting contentment, will

" be able at last to tell us we are more than our present selves; and evacuate

"fuch hopes in the fruition of their

"own accomplishments."

To his treatife on Urnburial was added The Garden of Cyrus, or the Quincunxial lozenge, or network Plantation of the Antients, Artificially, naturally, mystically considered. This discourse he begins with the Sacred Garden, in which

which the first man was placed; and deduces the practice of horticulture from the earliest accounts of antiquity to the time of the Persian Cyrus, the first man whom we actually know to have planted a Quincunx; which, however, our author is inclined to believe of longer date, and not only discovers it in the description of the hanging gardens of Babylon, but seems willing to believe, and to persuade his reader, that it was practised by the seeders on vegetables before the flood.

Some of the most pleasing performances have been produced by learning and genius exercised upon subjects of little importance. It seems to have been, in all ages, the pride of wit, to shew how it could exalt the low, and amplify the little. To speak not inadequately of things really and naturally great, is a task not only difficult but disagreeable; because the writer is degraded in his own eyes by standing in comparison with his subject, to which he can hope to add nothing from his imagination: but it is a perpetual triumph of sancy to expand a

from obscure properties, and to produce to the world an object of wonder to which nature had contributed little. To this ambition, perhaps, we owe the Frogs of Homer, the Gnat and the Bees of Virgil, the Butterfly of Spenser, the Shadow of Wowerus, and the Quincunx of Browne.

In the prosecution of this sport of fancy, he confiders every production of art and nature, in which he could find any decussation or approaches to the form of a Quincunx; and as a man once resolved upon ideal discoveries, seldom searches long in vain, he finds his favourite figure in almost every thing, whether natural or invented, antient or modern, rude or artificial, sacred and civil; so that a reader, not watchful against the power of his infusions, would imagine that decussation was the great business of the world, and that nature and art had no other purpose than to exemplify and imitate a Quincunx.

To shew the excellence of this figure, he enumerates all its properties;

and

and finds in it almost every thing of use or pleasure: and to shew how readily he supplies what he cannot find, one instance may be sufficient; "though "therein (says he) we meet not with "right angles, yet every rhombus con-"taining four angles equal unto two "right, it virtually contains two right

" in every one."

The fanciful sports of great minds are never without some advantage to knowledge. Browne has interspersed many curious observations on the form of plants, and the laws of vegetation; and appears to have been a very accurate observer of the modes of germination, and to have watched with great nicety the evolution of the parts of plants from their seminal principles.

He is then naturally led to treat of the number five; and finds, that by this number many things are circumscribed; that there are five kinds of vegetable productions, five sections of a cone, five orders of architecture, and five acts of a play. And observing that five was the antient conjugal or wedding number,

he

he proceeds to a speculation which I shall give in his own words; "The antient numerists made out the con-

" jugal number by two and three, the

"" first parity and imparity, the active

"and passive digits, the material and

" formal principles in generative focie-

" ties."

These are all the tracts which he published: but many papers were found in his closet, "Some of them, (says " Whitefoot) designed for the press, " were often transcribed and corrected "by his own hand, after the fashion of " great and curious writers."

Or these, two collections have been published; one by Dr. Tennison, the other in MDCCXXII by a nameless editor. Whether the one or the other selected those pieces which the author would have preferred, cannot now be known: but they have both the merit of giving to mankind what was too valuable to be suppressed; and what might, without their interposition, have, perhaps, perished among other innumerable labours of learned men, or have been burnt in a fcarcity

scarcity of fuel like the papers of Pereskius.

The first of these posthumous treatises contains "Observations upon seve-" ral plants mentioned in Scripture." These remarks, though they do not immediately either rectify the faith, or refine the morals of the reader, yet are by no means to be censured as superfluous niceties or useless speculations; for they often shew some propriety of description, or elegance of allusion, utterly undiscoverable to readers not skilled in oriental botany; and are often of more important use, as they remove some difficulty from narratives, or some obscurity from precepts.

The next is "Of garlands, or co"ronary and garland plants;" a subject
merely of learned curiosity, without
any other end than the pleasure of reslecting on antient customs, or on the
industry with which studious men have
endeavoured to recover them.

THE next is a letter, "on the fishes eaten by our Saviour with his difciples, after his resurrection from the dead;"

dead;" which contains no determinate resolution of the question, what they were, for indeed it cannot be determined. All the information that diligence or learning could supply, confists in an enumeration of the fishes produced in the waters of Judea.

Then follow "Answers to certain "queries about fishes, birds, and in-" sects;" and "A letter of hawks and " falconry antient and modern:" in the first of which he gives the proper interpretation of some antient names of animals, commonly mistaken; and in the other has some curious observations on the art of hawking, which he confiders as a practice unknown to the antients. I believe all our sports of the field are of Gothick original; the antients neither hunted by the scent, nor seem much to have practised horsemanship as an exercise; and though, in their works, there is mention of "au-"cupium" and "piscatio," they seem no more to have been considered as diversions, than agriculture or any other manual labour.

In two more letters he speaks of "the cymbals of the Hebrews," but without any satisfactory determination; and of "repalick or gradual verses," that is, of verses beginning with a word of one syllable, and proceeding by words of which each has a syllable more than the former; as,

"O Deus, æternæ stationis conciliator.

Ausonius.

and, after his manner, pursuing the hint, he mentions many other restrained methods of versifying, to which industrious ignorance has sometimes voluntarily subjected itself.

His next attempt is "On languages, "and particularly the Saxon tongue." He discourses with great learning, and generally with great justness, of the derivation and changes of languages; but, like other men of multifarious learning, he receives some notions without examination. Thus he observes, according to the popular opinion, that the Spaniards have retained so much Latin, as to be able to compose sentences that shall be at once gramatically Latin and

### Sir Thomas Browne. xxxi

Castilian: this will appear very unlikely to a man that considers the Spanish terminations; and Howel, who was eminently skilful in the three provincial languages, declares, that after many essays he never could effect it.

The principal defign of this letter, is to shew the affinity between the modern English and the antient Saxon; and he observes, very rightly, that "though "we have borrowed many substantives, adjectives, and some verbs, from the "French; yet the great body of numerals, auxiliary verbs, articles, promerals, auxiliary verbs, articles, promouns, adverbs, conjunctions, and prepositions, which are the distinguishing and lasting parts of a language, remain with us from the "Saxon."

To prove this position more evidently, he has drawn up a short discourse of six paragraphs, in Saxon and English; of which every word is the same in both languages, excepting the terminations and orthography. The words are, indeed, Saxon, but the phraseology is English; and, I think, would not have

been understood by BEDE or ÆLFRIC, notwithstanding the confidence of our author. He has, however, sufficiently proved his position, that the English resembles its parental language, more than any modern European dialect.

THERE remain five tracts of this collection yet unmentioned; one "Of ar-"tificial hills, mounts, or burrows, in " England;" in reply to an interrogatory letter of E.D. whom the writers of BIOGRAPHIA BRITANNICA suppose to be, if rightly printed, W. D. or Sir WILLIAM DUGDALE, one of Browne's correspondents. These are declared by Browne, in concurrence, I think, with all other antiquarians, to be for the most part funeral monuments. He proves, that both the Danes and Saxons buried their men of eminence under piles of earth, "which admitting (fays he) nei-"ther ornament, epitaph, nor inscrip-"tion, may, if earthquakes spare them, "outlast other monuments: obelisks "have their term, and pyramids will

"tumble; but these mountainous mo-

Sir Thomas Browne. xxxiii

"to have the same period with the earth."

In the next, he answers two geographical questions; one concerning Troas, mentioned in the Acts and Epistles of St. Paul, which he determines to be the city built near the antient Ilium; and the other concerning the dead sea, of which he gives the same account with other writers.

Another letter treats "Of the an-" fwers of the oracle of Apollo at Del-" phos, to Cræsus king of Lydia." In this tract nothing deserves notice, more than that Browne considers the oracles as evidently and indubitably supernatural, and founds all his disquisition upon that postulate. He wonders why the physiologists of old, having such means of instruction, did not inquire into the secrets of nature: but judiciously concludes, that such questions would probably have been vain; "for, in matters "cognoscible, and formed for our dis-"quisition, our industry must be our " oracle, and reason our Apollo."

THE

The pieces that remain are, "A pro"phecy concerning the future state of
"feveral nations;" in which Browne
plainly discovers his expectation to be
the same with that entertained lately
with more considence by Dr. Berkley,
"that America will be the seat of the
"fifth empire:" and "Museum clau"fum, sive Bibliotheca abscondita;"
in which the author amuses himself
with imagining the existence of books
and curiosities, either never in being, or
irrecoverably lost.

These pieces I have recounted as they are ranged in Tennison's collection, because the editor has given no account of the time at which any of them were written. Some of them are of little value, more than as they gratify the mind with the picture of a great scholar, turning his learning into amusement; or shew, upon how great a variety of enquiries the same mind has been successfully employed.

THE other collection of his posthumous pieces, published in octavo, London MDCCXXII, contains "Reperto-

"rium;

### Sir Thomas Browne. xxxv

rium; or some account of the tombs

"and monuments in the cathedral of

"Norwich;" where, as Tennison observes, there is not matter proportionate to the skill of the Antiquary.

THE other pieces are, "Answers to

" Sir William Dugdale's enquiries

"about the fens; A letter concerning

"Ireland; Another relating to urns

" newly discovered; Some short stric-

"tures on different subjects;" and "A

e "letter to a friend on the death of his

intimate friend," published fingly by the author's son in MDCXC.

THERE is inserted, in the BIOGRA-PHIA BRITANNICA, "A letter containing instructions for the study of " physick;" which, with the Essays here offered to the public, completes the works of Dr. Browne.

To the life of this learned man, there remains little to be added, but that in MDCLXV he was chosen honorary fellow of the college of physicians, as a man,

"Virtute et literis ornatissimus, -- emi-

" nently embellished with literature and

"virtue:" and, in MDCLXXI, received,

at Norwich, the honour of knighthood from CHARLES II; a prince, who with many frailties and vices, had yet skill to discover excellence, and virtue to reward it, with fuch honorary distinctions at least as cost him nothing, yet conferred by a king so judicious and so much beloved, had the power of giving merit new lustre and greater popularity.

Thus he lived in high reputation; till in his seventy-sixth year he was seized with a colick, which, after having tortured him about a week, put an end to his life at Norwich, on his birthday, October 19, MDCLXXXII. a Some of his last words were expressions of submission. to the will of GOD, and fearlesness of death.

HE lies buried in the church of St. Peter, Mancroft, in Norwich, with this inscription on a mural monument, placed on the fouth pillar of the altar:

<sup>4</sup> BROWNE'S Remains. WHITEFOOT.

# Sir Thomas Browne. xxxvii

M. S.

Hic situs est THOMAS BROWNE, M. D. Et Miles.

A° 1605. Londini natus
Generosa Familia apud Upton
In agro Cestriensi oriundus.
Scholâ primum Wintoniensi, postea
In Coll. Pembr.

Apud Oxonienses bonis literis
Haud leviter imbutus
In urbe hâc Nordovicensi medicinam
Arte egregia, & fælici successu prosessis,
Scriptis quibus tituli, Religio Medici
Et Pseudodoxia Epidemica aliisque
Per Orbem notissimus.

Vir Prudentissimus, Integerrimus, Doctissimus; Obiit Octobr. 19. 1682.

Pie posuit mæstissima Conjux Da. Doroth. Br.

Near the Foot of this Pillar
Lies Sir Thomas Browne, Kt. and Doctor in Physick,
Author of Religio Medici, and other Learned Books,
Who practic'd Physick in this City 46 Years,
And died Octr. 1682, in the 77 Year of his Age.
In Memory of whom

Dame Dorothy Browne, who had bin his Affectionate Wife 47 Years, caused this Monument to be Erected.

BESIDES his lady, who died in MDCLXXXV, he left a fon and three daughters. Of the daughters nothing very remarkable is known; but his son, EDWARD BROWNE, requires a particular mention.

HE was born about the year MDCXLII; and after having passed through the classes of the school at Norwich, became bachelor of physick at Cambridge; and afterwards removing to Merton-College in Oxford, was admitted there to the same degree, and afterwards made a doctor. In MDCLXVIII he visited part of Germany; and in the year following made a wider excursion into Austria, Hungary, and Thessaly; where the Turkish Sultan then kept his court at Larissa. He afterwards passed through Italy. His skill in natural history made him particularly attentive to mines and metallurgy. Upon his return he published an account of the countries thro' which he had passed; which I have heard commended by a learned traveller, who has visited many places after him, as written with scrupulous and

### Sir Thomas Browne. xxxix

exact veracity, such as is scarcely to be found in any other book of the same kind. But whatever it may contribute to the instruction of a naturalist, I cannot recommend it as likely to give much pleasure to common readers: for whether it be, that the world is very uniform, and therefore he who is resolved to adhere to truth, will have few novelties to relate; or that Dr. Browne was, by the train of his studies, led to enquire most after those things, by which the greatest part of mankind is little affected; a great part of his book seems to contain very unimportant accounts of his passage from one place where he saw little, to another where he saw no more.

.UPON his return, he practifed phyfick in London; was made physician
first to CHARLES II, and afterwards
in MDCLXXXII to St. Bartholomew's
hospital. About the same time he joined his name to those of many other
eminent men, in "A translation of Plu"tarch's lives." He was first censor,
then elect, and treasurer of the college

of

of physicians; of which in MDCCV he was chosen president, and held his office, till in MDCCVIII he died in a degree of estimation suitable to a man so variously accomplished, that King Charles had honoured him with this panegyrick, that "He was as learned as any of the college, and as well-"bred as any of the court."

Or every great and eminent character, part breaks forth into publick view, and part lies hid in domestick privacy. Those qualities which have been exerted in any known and lasting performances, may, at any distance of time, be traced and estimated; but silent excellencies are soon forgotten; and those minute peculiarities which discriminate every man from all others, if they are not recorded by those whom personal knowledge enabled to observe them, are irrecoverably lost. This mutilation of character must have happened, among many others, to Sir Thomas Browne, had it not been delineated by his friend Mr. Whitefoot, who "esteemed it

an especial favour of Providence, to have had a particular acquaintance "with him for two thirds of his life." Part of his observations I shall, therefore, copy.

"For a character of his person, his "complexion and hair was answerable "to his name; his stature was mode-

"rate, and habit of body neither fat

" nor lean, but έυσαμα.

"In his habit of clothing, he had " an aversion to all finery, and affected " plainness, both in the fashion and

"" ornaments. He ever wore a cloke, or

"boots, when few others did. He "kept himself always very warm, and

"thought it most safe so to do, though

" he never loaded himself with such a

"multitude of garments, as Suetonius

" reports of Augustus, enough to

" clothe a good family.

"THE horizon of his understanding " was much larger than the hemisphere " of the world: All that was visible in "the heavens he comprehended so "well, that few that are under them

"knew so much: He could tell the

"number of the visible stars in his ho-

"rizon, and call them all by their

"names that had any; and of the earth

" he had fuch a minute and exact geo-

"graphical knowledge, as if he had

"been by DIVINE PROVIDENCE or-

"dained furveyor-general of the whole

"terrestrial orb, and its products, mine-

"rals, plants, and animals. He was so

"curious a botanist, that besides the

" specifical distinctions, he made nice

"and elaborate observations, equally

" useful as entertaining.

"His memory, though not so eminent as that of Seneca or Scali-

"GER, was capacious and tenacious,

"insomuch as he remembred all that

"was remarkable in any book that he

" had read; and not only knew all per-

" sons again that he had ever seen at

" any distance of time, but remem-

" bred the circumstances of their bodies,

"and their particular discourses and speeches.

"In the latin poets he remembred every thing that was acute and pun-

"gent;

"gent; he had read most of the histo"rians, antient and modern, wherein
his observations were singular, not
taken notice of by common readers;
he was excellent company when he
was at leisure, and expressed more
light than heat in the temper of his

" brain.

"HE had no despotical power over "his affections and passions, (that was " a privilege of original perfection, for-" feited by the neglect of the use of "it;) but as large a political power "over them, as any Stoick, or man of "his time, whereof he gave so great "experiment, that he hath very rarely "been known to have been overcome "with any of them. The strongest that "were found in him, both of the iraf-" cible and concupiscible, were under "the controul of his reason. Of ad-" miration, which is one of them, be-"ing the only product, either of igno-"rance, or uncommon knowledge, he " had more, and less, than other men, " upon the same account of his know-"ing more than others; so that tho"

" he met with many rarities, he admi-

" red them not so much as others do.

He was never seen to be trans-

" ported with mirth, or dejected with

" sadness; always chearful, but rarely

"merry, at any sensible rate; seldom

"heard to break a jest; and when he

"did, he would be apt to blush at the

levity of it: his gravity was natural

" without affectation.

"His modesty was visible in a na"tural habitual blush, which was in
"creased upon the least occasion, and
"oft discovered without any observable
"cause.

"They that knew no more of him than by the briskness of his writings,

"found themselves deceived in their

expectation, when they came in his

" company, noting the gravity and fo-

"briety of his aspect and conversation;

" so free from loquacity, or much talka-

"tiveness, that he was something diffi-

"cult to be engaged in any discourse;

"though when he was so, it was al-

" ways singular, and never trite or vul-

" gar. Parsimonious in nothing but his

" time,

i' time, whereof he made as much "improvement, with as little loss as "any man in it: when he had any to " spare from his drudging practice, he "was scarce patient of any diversion "from his study; so impatient of sloth " and idleness, that he would say, he

" could not do nothing.

"SIR THOMAS understood most of "the European languages; viz. all that "are in Hutter's bible, which he " made use of. The Latin and Greek " he understood critically; the Oriental " languages, which never were verna-"cular in this part of the world, he "thought the use of them would not "answer the time and pains of learn-"ing them; yet had so great a vene-" ration for the matrix of them, viz. "the Hebrew, consecrated to the Ora-" cles of God, that he was not con-"tent to be totally ignorant of it; tho' "very little of his science is to be " found in any books of that primitive " language. And tho' much is said to " be written in the derivative idioms of "that tongue, especially the Arabick,

"yet he was satisfied with the transla-

"tions, wherein he found nothing ad-

" mirable.

"In his religion he continued in

" the same mind which he had declared

"in his first book, written when he

was but thirty years old, his Reli-

"GIO MEDICI, wherein he fully af-

" fented to that of the church of Eng-

" land, preferring it before any in the

"world, as did the learned Grotius.

"He attended the publick service very

" constantly, when he was not with-

"held by his practice. Never missed

" the sacrament in his parish, if he

"were in town. Read the best English

" sermons he could hear of, with libe-

"ral applause; and delighted not in

controversies. In his last sickness,

"wherein he continued about a week's

"time, enduring great pain of the cho-

"lick, besides a continual fever, with

" as much patience as hath been seen

"in any man, without any pretence of

"Stoical apathy, animofity, or vanity of

"not being concerned thereat, or suffer-

ing no impeachment of happiness.

" Nihil agis dolor.

"His patience was founded upon "the christian philosophy, and a sound " faith of God's Providence, and " a meek and humble submission there-"unto, which he expressed in few "words: I visited him near his end, "when he had not strength to hear or " speak much; the last words which I "heard from him, were, besides some " expressions of dearness, that he did "freely submit to the will of God, " being without fear: He had oft tri-"umphed over the king of terrors in "others, and given many repulses in "the defence of patients; but when his "own turn came, he submitted with " a meek, rational, and religious cou-" rage.

"HE might have made good the old faying of Dat Galenus opes, had he lived in a place that could have afforded it. But his indulgence and liberality to his children, especially in their travels, two of his sons in divers countries, and two of his

" daugh-

f' ters in France, spent him more than

" a little. He was liberal in his house

" entertainments, and in his charity; he

" left a comfortable, but no great estate,

" both to his lady and children, gained

" by his own industry.

"Such was his sagacity and know-

"ledge of all history, antient and mo-

" dern, and his observations thereupon

" so singular, that it hath been said by

"them that knew him best, that if

"his profession, and place of abode,

"would have suited his ability, he

"would have made an extraordinary

"man for the privy-council, not much

"inferior to the famous PADRE,

"PAULO, the late oracle of the Ve-

" netian state.

"Tho' he were no prophet, nor son of a prophet, yet in that faculty

"which comes nearest it, he excelled,

"i. e. the stochastick, wherein he was

"seldom mistaken, as to future events,

" as well publick as private; but not

"apt to discover any presages or super-

" stition."

IT is observable, that he who in his earlier years had read all the books against religion, was in the latter part of his life averse from controversies. To play with important truths, to difturb the repose of established tenets, to subtilize objections, and elude proof, is too often the sport of youthful vanity, of which maturer experience commonly repents. There is a time, when every wise man is weary of raising difficulties only to task himself with the solution, and desires to enjoy truth without the labour or hazard of contest. There is, perhaps, no better method of encountering these troublesome irruptions of scepticism, with which inquisitive minds are frequently harrassed, than that which Browne declares himself to have taken: "If there arise any doubts in my " way, I do forget them; or at least de-" fer them, till my better settled judg-" ment and more manly reason be able " to resolve them: for I perceive, every "man's reason is his best Oedipus, " and will, upon a reasonable truce, find "a way to loose those bonds, where-" with

"with the subtilties of error have en-

"chained our more flexible and tender

"judgments."

The foregoing character may be confirmed and enlarged, by many passages in the Religio Medici; in which it appears, from Whitefoot's testimony, that the author, though no very sparing panegyrist of himself, has not exceeded the truth, with respect to his attainments or visible qualities.

THERE are, indeed, some interior and secret virtues, which a man may sometimes have without the knowledge of others; and may sometimes assume to himself, without sufficient reasons for his opinion. It is charged upon Browne by Dr. Watts, as an instance of arrogant temerity, 'that, after a long detail of his attainments, he declares himself to have escaped "the first and father-sin of pride." A perusal of the Religio Medici will not much contribute to produce a belief of the author's exemption from this FA-THER-SIN: pride is a vice, which pride itself inclines every man to find in others, and to overlook in himself. As

As easily may we be mistaken in estimating our own courage, as our own humility; and, therefore, when BrownE shews himself persuaded, that "he " could lose an arm without a tear, or "with a few groans be quartered to " pieces," I am not sure that he felt in himself any uncommon powers of endurance; or, indeed, any thing more than a sudden effervescence of imagination, which, uncertain and involuntary as it is, he mistook for settled resolution.

"That there were not many ex-" tant, that in a noble way feared the face of death less than himself," he might likewise believe at a very easy expence, while death was yet at a distance; but the time will come to every human being, when it must be known how well he can bear to die; and it has appeared, that our author's fortitude did not desert him in the great hour of trial.

It was observed by some of the remarkers on the Religio Medici, that "the author was yet alive, and might grow ee worle

"worse as well as better:" it is, therefore, happy, that this suspicion can be
obviated by a testimony given to the
continuance of his virtue, at a time
when death had set him free from danger of change, and his panegyrist from
temptation to flattery.

But it is not on the praises of others, but on his own writings, that he is to depend for the esteem of posterity; of which he will not easily be deprived, while learning shall have any reverence among men: for there is no science, in which he does not discover some skill; and scarce any kind of knowledge, profane or sacred, abstruse or elegant, which he does not appear to have cultivated with success.

His exuberance of knowledge, and plenitude of ideas, sometimes obstruct the tendency of his reasoning, and the clearness of his decisions: on whatever subject he employed his mind, there started up immediately so many images before him, that he lost one by grasping another. His memory supplied him with so many illustrations, parallel or

dependent notions, that he was always starting into collateral considerations: but the spirit and vigour of his persuit always gives delight; and the reader sollows him, without reluctance, thro' his mazes, in themselves slowery and pleasing, and ending at the point originally in view.

To have great excellencies, and great faults, " magnæ virtutes nec minora "vitia, is the poefy," says our author, " of the best natures." This poesy may be properly applied to the style of Browne: It is vigorous, but rugged; it is learned, but pedantick; it is deep, but obscure; it strikes, but does not please; it commands, but does not allure: his tropes are harsh, and his combinations uncouth. He fell into an age, in which our language began to lose the stability which it had obtained in the time of Elizabeth; and was considered by every writer as a subject on which he might try his plastick skill, by moulding it according to his own fancy. MILTON, in consequence of this encroaching licence, began to introduce the Latin idiom: and Browne, though he gave less disturbance to our structures and phraseology, yet poured in a multitude of exotick words; many, indeed, useful and significant, which, if rejected, must be supplied by circumlocution, such as commensality for the state of many living at the same table; but many supersucous, as a paralogical for an unreasonable doubt; and some so obscure, that they conceal his meaning rather than explain it, as Arthritical analogies for parts that serve some animals in the place of joints.

His style is, indeed, a tissue of many languages; a mixture of heterogeneous words, brought together from distant regions, with terms originally appropriated to one art, and drawn by violence into the service of another. He must, however, be confessed to have augmented our philosophical diction; and in defence of his uncommon words and expressions, we must consider, that he had uncommon sentiments, and was not content to express in many

words that idea for which any language

could supply a single term.

But his innovations are sometimes pleasing, and his temerities happy: he has many "verba ardentia," forcible expressions, which he would never have. found, but by venturing to the utmost verge of propriety; and flights which would never have been reached, but by one who had very little fear of the shame of falling.

There remains yet an objection against the writings of Browne, more formidable than the animadversions of criticism. There are passages, from which some have taken occasion to rank him among Deists, and others among Atheists. It would be difficult to guess how any fuch conclusion should be formed, had not experience shewn that there are two forts of men willing to enlarge the catalogue of infidels.

IT has been long observed, that an Atheist has no just reason for endeavouring conversions; and yet none harrass those minds which they can influence, with more importunity of folicita-

tion to adopt their opinions. In proportion as they doubt the truth of their own doctrines, they are defirous to gain the attestation of another understanding; and industriously labour to win a proselyte, and eagerly catch at the slightest pretence to dignify their sect with a celebrated name \*.

The others become friends to infidelity only by unskilful hostility: men of rigid orthodoxy, cautious conversation, and religious asperity. Among these, it is too frequently the practice, to make in their heat concessions to Atheism, or Deism, which their most consident advocates had never dared to claim or to hope. A fally of levity, an idle paradox, an indecent jest, an unseasonable objection, are sufficient, in the opinion of these men, to essay a name from the lists of Christianity, to exclude a soul from everlasting life.

DAVIES.

<sup>\*</sup> Therefore no hereticks desire to spread
Their wild opinions like these epicures.
For so their stagg'ring thoughts are computed,
And other men's assent their doubt assures.

Such men are so watchful to censure, that they have seldom much care to look for favourable interpretations of ambiguities, to set the general tenor of life against single failures, or to know how soon any slip of inadvertency has been expiated by sorrow and retractation; but let sly their sulminations, without mercy or prudence, against slight offences or casual temerities, against crimes never committed, or immediately repented.

The Infidel knows well, what he is doing. He is endeavouring to supply, by authority, the desiciency of his arguments; and to make his cause less invidious, by shewing numbers on his side: he will, therefore, not change his conduct, till he reforms his principles. But the zealot should recollect, that he is labouring, by this frequency of excommunication, against his own cause; and voluntarily adding strength to the enemies of truth. It must always be the condition of a great part of mankind, to reject and embrace tenets upon the authority of those whom they

think wifer than themselves; and, therefore, the addition of every name to insidelity, in some degree invalidates that
argument upon which the religion of
multitudes is necessarily sounded.

MEN may differ from each other in many religious opinions, and yet all may retain the effentials of Christia-NITY; men may fometimes eagerly difpute, and yet not differ much from one another: the rigorous perfecutors of error, should, therefore, enlighten their zeal with knowledge, and temper their orthodoxy with Charity; that Charity, without which orthodoxy is vain; Charity that "thinketh no" evil,", but "hopeth all things," and "endureth all things."

WHETHER BROWNE has been numbered among the contemners of religion, by the fury of its friends, or the artifice of its enemies, it is no difficult task to replace him among the most zealous Professors of Christianity. He may, perhaps, in the ardour of his imagination, have hazarded an expression, which a mind intent upon faults may

may interpret into herefy, if confidered apart from the rest of his discourse; but a phrase is not to be opposed to volumes: there is scarcely a writer to be found, whose profession was not divinity, that has so frequently testified his belief of the SACRED WRITINGS, has appealed to them with such unlimited fubmission, or mentioned them with such unvaried reverence.

IT is, indeed, somewhat wonderful, that HE should be placed without the pale of Christianity, who declares, that "he assumes the honourable stile " of A Christian," not because it is " the religion of his country," but because "having in his riper years and "confirmed judgment seen and exa-" mined all, he finds himself obliged, " by the principles of GRACE, and the " law of his own reason, to embrace " no other name but this:" Who, to specify his persuasion yet more, tells us, that "he is of the Reformed Reli-"GION; of the same belief our SA-"viour taught, the Apostles disse-" minated, the Fathers authorized, and " the

"the Martyrs confirmed:" Who, tho " paradoxical in philosophy, loves in di-"vinity to keep the beaten road;" and pleases himself, that "he has no taint "of heresy, schism, or error:" To whom "where the Scripture is filent, "the Church is a text; where that " speaks, 'tis but a comment;' and who uses not "the dictates of his own rea-" fon, but where there is a joint filence " of both:" Who " blesses himself, " that he lived not in the days of mi-"racles, when faith had been thrust "upon him; but enjoys that greater " bleffing, pronounced to all that be-" lieve and saw not." He cannot surely be charged with a defect of faith, who "believes that our Saviour was " dead, and buried, and rose again, and " desires to see him in his glory:" and who affirms, that "this is not much to "believe;" that "as we have reason, "we owe this faith unto history;" and that "they only had the advantage of a " bold and noble faith, who lived be-"fore his coming; and, upon obscure rophecies and mystical types, could

"raise a belief." Nor can contempt of the positive and ritual parts of religion be imputed to him, who coubts, whether a good man would resuse a poisoned eucharist; and "who would violate his "own arm, rather than a church."

The opinions of every man must be learned from himself: concerning his practice, it is safest to trust the evidence of others. Where these testimonies concur, no higher degree of historical certainty can be obtained; and they apparently concur to prove, that Browne was A ZEALOUS ADHERENT TO THE FAITH OF CHRIST, that HE LIVED IN OBEDIENCE TO HIS LAWS, AND DIED IN CONFIDENCE OF HIS MERCY.



### CHRISTIAN

# MORALS.

BY

Sir Thomas Brown,
Of Norwich, M.D.

And Author of

RELIGIO MEDICI.

Published from the Original and Correct Manuscript of the Author;

By JOHN JEFFERY, D. D. Arch-Deacon of Norwich.

M, DCC, XVI.



To the RIGHT HONOURABLE

# DAVID

EARL of BUCHAN,

VISCOUNT AUCHTERHOUSE,

Lord Cardross and

GLENDOVACHIE,

One of the

Lords Commissioners of Police,

AND

LORD LIEUTENANT

Of the Counties of

STIRLING and CLACKMANNAN in North-Britain.

My Lord,

Ø

HE Honour you have done our Family obligeth us to make all just Acknowledgments of it: and there is no Form of Acknowledgment

### DEDICATION.

ment in our Power, more worthy of Your Lordship's Acceptance, than this Dedication of the last Work of our Honoured and Learned Father. Encouraged hereunto by the Knowledge we have of Your Lordship's Judicious Relish of universal Learning, and sublime Virtue, we beg the Favour of Your Acceptance of it, which will very much oblige our Family in general, and Her in particular, who is,

My Lord,

Your Lordship's

most humble Servant,

ELIZABETH LITTLETON.



#### THE

# PREFACE.

ligio Medici, and the ensuing Discourse, can make doubt, whether the same person was the author of them both, he may be assured by the testimony of Mrs. Littleton, Sir Thomas Brown's daughter, who lived with her father when it was composed by him; and who, at the time, read it written by his own hand: and also by the testimony of others, (of whom I am one) who

 $B_3$ 

read

### PREFACE.

read the manuscript of the author, immediately after his death, and who have since read the same; from which it hath been faithfully and exactly transcribed for the press. The reason why it was not printed sooner is, because it was unhappily lost, by being mislay'd among other manuscripts for which search was lately made in the presence of the Lord Archbishop of Canterbury, of which his Grace, by letter, informed Mrs. LITTLETON, when he sent the manuscript to her. There is nothing printed in the discourse, or in the short notes, but what is found in the original manuscript of the author, except only where an oversight had made the addition or transposition of some words necessary.

## JOHN JEFFERY,

Arch-Deacon of Norwich.

PART



# PARTI.

### SECT. I.

READ softly and circumspectly in this a funambulatory track
and narrow path of goodness:
pursue virtue virtuously: leven
not good actions, nor render virtues disputable. Stain not fair acts with foul intentions: maim not uprightness by halting concomitances, nor circumstantially deprave substantial goodness.

Consider whereabout thou art in b Cebes's table, or that old philosophical pinax

<sup>a</sup> Narrow, like the walk of a rope-dancer.

The table or picture of Cebes, an allegorical representation of the characters and conditions of man-B 4. kind; art yet in the road of uncertainties; whether thou hast yet entred the narrow gate, got up the hill and asperous way, which leadeth unto the house of sanity; or taken that purifying potion from the hand of sincere erudition, which may send thee clear and pure away unto a virtuous and happy life.

In this virtuous voyage of thy life hull not about like the ark, without the use of rudder mast or sail, and bound for no port. Let not disappointment cause despondency, nor dissiculty despair. Think not that you are sailing from b Lima to Manillia, when you may fasten up the rudder, and sleep before the wind; but expect rough seas, flaws, and contrary blasts: and 'tis well, kind; which is translated by Mr. Collier, and added to the meditations of Antoninus.

a Picture.

b Over the pacifick ocean, in the course of the ship which now fails from Acapulco to Manilla, perhaps formerly from Lima, or more properly from Callao, Lima not being a sea-port.

<sup>&</sup>quot; 'Sudden gusts, or violent attacks of bad wea-

if by many cross tacks and veerings you arrive at the port; for we sleep in d lions' skins in our progress unto virtue, and we slide not but climb unto it.

SIT not down in the popular forms and common level of virtues. Offer not only peace-offerings but holocausts unto God: where all is due make no reserve, and cut not a cummin-seed with the Almight: to serve Him singly to serve ourselves, were too partial a piece of piety; not like to place us in the illustrious mansions of glory.

### S E C T. II.

EST not in an e ovation but a triumph over thy passions. Let anger walk hanging down the head; let malice go manicled, and envy fetter'd after thee. Behold

within

d That is, "in armour, in a state of military vigi"lance." One of the Grecian chiefs used to represent open force by the "lion's skin," and policy by
the "fox's tail."

e Ovation, a petty and minor kind of triumph. Note to the first edition.

## [ 10 ]

within thee the long train of thy trophies, not without thee. <sup>a</sup> Make the quarrelling Lapithytes sleep, and Centaurs within lie quiet. Chain up the unruly legion of thy breast. Lead thine own captivity captive, and be Cæsar within thyself.

### S E C T. III.

impair his strength, or honest for fear of contagion, will hardly be heroically virtuous. Adjourn not this virtue until that temper, when b Cato could lend out his wife, and impotent satyrs write satyrs upon lust: but be chast in thy staming days, when Alexander dar'd not trust his eyes upon the fair sisters of Darius, and when so many think there is no other way but c Origen's.

<sup>.</sup> That is, "thy turbulent and irascible passions." For the Lapithytes and Centaurs, see Ovid.

<sup>&</sup>lt;sup>b</sup> The Censor, who is frequently confounded, and by Pope amongst others, with Cato of Utica.

c Who is said to have castrated himself. Note to the first edition.

# SECT. IV.

CHOW thy art in honesty, and lose not thy virtue by the bad managery of it. Be temperate and sober; not to preserve your body in an ability for wanton ends; not to avoid the infamy of common transgressors that way, and thereby to hope to expiate or palliate obscure and closer vices; not to spare your purse, nor simply to enjoy health: but in one word, that thereby you may truly serve Goo, which every sickness will tell you you cannot well do without health. The sick man's sacrifice is but a lame oblation. Pious treasures laid up in healthful days, plead for sick non-performances: without which we must needs look back with anxiety upon the lost opportunities of health; and may have cause rather to envy than pity the ends of penitent publick sufferers, who go with healthful prayers unto the last scene of their lives, and d in the integrity of their fa-

d "With their faculties unimpaired."

culties return their spirit unto God that gave it.

#### SECT. V.

E charitable before wealth make thee covetous, and lose not the glory of the mite. If riches increase, let thy mind hold pace with them; and think it not enough to be liberal, but munificent. Though a cup of cold water from some hand may not be without its reward, yet stick not thou for wine and oil for the wounds of the distressed; and treat the poor, as our Saviour did the multitude, to the reliques of some baskets. Diffuse thy beneficence early, and while thy treasures call thee master: there may be an a Atropos of thy fortunes before that of thy life, and thy wealth cut off before that hour, when all men shall be poor; for the justice of death looks equally upon the dead, and Charon expects no more from Alexander than from Irus.

SECT.

a Atropos is the lady of destiny that cuts the thread of life.

#### SECT. VI.

IVE not only unto seven, but also unto eight, b that is unto more than many. Though to give unto every one that asketh c may seem severe advice, yet give thou also before asking; that is, where want is silently clamorous, and mens necessities not their tongues do loudly call for thy mercies. For though sometimes necessitousness be dumb, or misery speak not out, yet true charity is sagacious, and will find out hints for beneficence. Acquaint thyself with the physiognomy of want, and let the dead colours and first lines of necessity suffice to tell thee there is an object for thy bounty. Spare not where thou canst not easily be prodigal, and fear not to be undone by mercy: for since he who hatn pity on the poor lendeth unto the Almighty rewarder, who observes no d ides but every day

b Ecclesiasticus. c Luke.

d The ides was the time when money lent out at interest was commonly repaid.

day for his payments, charity becomes pious usury, christian liberality the most thriving industry; and what we adventure in a cockboat, may return in a carrack unto us. He who thus casts his bread upon the water, shall surely find it again; for though it salleth to the bottom, it sinks but like the ax of the prophet, to rise again unto him.

## S E C T. VII.

If avarice be thy vice, yet make it not thy punishment. Miserable men commiserate not themselves, bowelless unto others, and merciless unto their own bowels. Let the fruition of things bless the possession to live richly than die rich. For since thy good works, not thy goods, will follow thee; since wealth is an appertinance of life, and no dead man is rich; to famish in plenty, and live poorly to die rich, were a

---- Fænerator Alphius
Suam relegit Idibus pecuniam,
Quærit calendis ponere, Hor.

multiplying

multiplying improvement in madness, and use upon use in folly.

### S E C T. VIII.

gold, and fay not unto it thou art my confidence. Kiss not thy hand to that terrestrial sun, nor bore thy ear unto its servitude. A slave unto mammon makes no servant unto God. Covetousness cracks the sinews of faith; numbs the apprehension of any thing above sense; and only affected with the certainty of things present, makes a peradventure of things to come; lives but unto one world, nor hopes but sears another; makes their own death sweet unto others, bitter unto themselves; brings formal sadness, scenical mourning, and no wet eyes at the grave.

### S E C T. IX.

DERSONS lightly dipt, not a grain'd in generous honesty, are but pale in

goodness,

<sup>\*</sup> Not deeply tinged, not died in grain.

goodness, and faint hued in integrity. But be thou what thou virtuously art, and let not the ocean wash away thy tincture. Stand a magnetically upon that axis, when prudent simplicity hath fixt there; and let no attraction invert the poles of thy honesty. That vice may be uneafy and even monstrous unto thee, let iterated good acts and long confirmed habits make virtue almost natural, or a second nature in thee. Since virtuous superstructions have commonly generous foundations, dive into thy inclinations, and early discover what nature bids thee to be, or tells thee thou may'st be. They who thus timely descend into themselves, and cultivate the good seeds which nature hath set in them, prove not shrubs but cedars in their generation. And to be in the form of b the best of the bad, or the worst of the good, will be no satisfaction unto them.

a That is, "with a position as immutable as that of "the magnetical axis," which is popularly supposed to be invariably parallel to the meridial, or to stand exactly north and south.

<sup>&</sup>lt;sup>b</sup> Optimi malorum pessimi bonorum. First edit.

SECT.

# SECT. X.

AKE not the consequence of virtue the ends thereof. Be not beneficent for a name or cymbal of applause; nor exact and just in commerce for the advantages of trust and credit, which attend the reputation of true and punctual dealing: for these rewards, though unsought for, plain virtue will bring with her. To have other by-ends in good actions sowers laudable performances, which must have deeper roots, motives, and instigations, to give them the stamp of virtues.

#### S E C T. XI.

ET not the law of thy country be the non ultra of thy honesty; nor think that always good enough which the law will make good. Narrow not the law of charity, equity, mercy. Join gospel righteousness with legal right. Be not a mere Gamaliel in the faith, but let the sermon in the mount be thy <sup>a</sup> Targum unto the law of Sinai.

# S E C T. XII.

IVE by old ethicks and the classical rules of honesty. Put no new names or notions upon authentick virtues and vices. Think not, that morality is ambulatory; that vices in one age are not vices in another; or that virtues, which are under the everlasting seal of right reason, may be stamped by opinion. And therefore though vicious times invert the opinions of things, and let up new ethicks against virtue, yet hold thou unto old morality; and rather than follow a multitude to do evil, stand like Pompey's pillar conspicuous by thyself, and single in integrity. And fince the worst of times afford imitable examples of virtue; since no deluge of vice is like to be so general but more than beight will escape; eye well those heroes who have held their heads

a A paraphrase or amplification.

<sup>&</sup>lt;sup>5</sup> Alluding to the flood of Noah.

above water, who have touched pitch and not been defiled, and in the common contagion have remained uncorrupted.

#### S E C T. XIII.

ET age not envy draw wrinkles on thy cheeks; be content to be envy'd, but envy not. Emulation may be plausible and indignation allowable, but admit no treaty with that passion which no circumstance can make good. A displacency at the good of others because they enjoy it, though not unworthy of it, is an abfurd depravity, sticking fast unto corrupted nature, and often too hard for humility and charity, the great suppressors of envy. This furely is a lion not to be strangled but by Hercules himself, or the highest stress of our minds, and an atom of that power which subdueth all things unto it self.

SECT.

### S E C T XIV.

WE not thy humility unto humiliation from adversity, but look humbly down in that state when others look upwards upon thee. Think not thy own shadow longer than that of others, nor delight to take the altitude of thyself. Be patient in the age of pride, when men live by short intervals of reason under the dominion of humor and passion, when it's in the power of every one to transform thee out of thyself, and run thee into the short madness. If you cannot imitate Job, yet come not short of a Socrate s, and those patient Pagans who tired the tongues of their enemies, while

---- Dulcique senex vicinus Hymetto,
Qui partem acceptæ sæva inter vincla cicutæ,
Accusatori nollet dare.

Juv.

Not so mild Thales, nor Chrysippus thought;
Nor the good man who drank the pois'nous draught
With mind serene, and cou'd not wish to see
His vile accuser drink as deep as he:
Exalted Socrates!

Creech.

they perceived they spit their malice at brazen walls and statues.

### S E C T. XV.

upon thy wrath, but write thy wrongs in ashes. Draw the curtain of night upon injuries, shut them up in the c tower of oblivion, and let them be as though they had not been. To forgive our enemies, yet hope that God will punish them, is not to forgive enough. To forgive them ourselves, and not to pray God to forgive them, is a partial piece of charity. Forgive thine enemies totally, and without any reserve that, however, God will revenge thee.

C 3

SECT.

b Even when the days are shortest. First edit.

Procopius, which was the name of a tower of impriforment among the Perliaus: whoever was put therein was as it were buried alive, and it was death for any but to name him. First edit.

# S E C T. XVI.

TATHILE thou so hotly disclaimest the devil, be not guilty of diabolism. Fall not into one name with that unclean spirit, nor act his nature whom thou so much abhorrest; that is, to accuse, calumniate, backbite, whisper, detract, or sinistrously interpret others. Degenerous depravities, and narrow-minded vices! not only below St. Paul's noble christian but à Aristotle's true gentleman. Trust not with some that the epistle of St. James is apocryphal, and so read with less fear that stabbing truth, that in company with this vice "thy religion is in vain." Moses broke the tables, without breaking of the law; but where charity is broke, the law itself is shattered, which cannot be whole without Love, which is "the fulfilling of it." Look humbly upon thy virtues; and though thou art rich in some, yet think

See Aristotle's Ethicks, chapter of Magnanimity.

Note to the first edit.

thyself

thyfelf poor and naked without that crowning grace, which "thinketh no evil, which envieth not, which beareth, hopeth, be"lieveth, endureth all things." With these sure graces, while busy tongues are crying out for a drop of cold water, mutes may be in happiness, and sing the Trisagion in heaven.

### S E C T. XVII.

Waver in the theories of true and false, yet fasten the rudder of thy will, steer straight unto good and fall not foul on evil. Imagination is apt to rove, and conjecture to keep no bounds. Some have run out so far, as to fancy the stars might be but the light of the crystalline heaven shot through perforations on the bodies of the orbs. Others more ingeniously doubt whether there hath not been a vast tract of land in the Atlantick ocean, which earthquakes and violent causes have long ago de-

voured.

b Holy, holy, holy. First edit.

voured. Speculative misapprehensions may be innocuous, but immorality pernicious; theorical mistakes and physical deviations may condemn our judgments, not lead us into judgment. But perversity of will, immoral and sinful enormities walk with Adraste and Nemess at their backs, pursue us unto judgment, and leave us viciously miserable.

### S E C T. XVIII.

PID early defiance unto those vices which are of thine inward family, and having a root in thy temper plead a right and propriety in thee. Raise timely batteries against those strong holds built upon the rock of nature, and make this a great part of the militia of thy life. Delude not thyself into iniquities from participation or community, which abate the sense but not the obliquity of them. To conceive sins less, or less of sins, because others also transgress, were morally to commit that

<sup>&</sup>lt;sup>a</sup> The powers of vengeance.

natural fallacy of man, to take comfort from fociety, and think adversities less because others also suffer them. The politick nature of vice must be opposed by policy; and, therefore, wifer honesties project and plot against it: wherein, notwithstanding, we are not to rest in generals, or the trite stratagems of art. That may succeed with one, which may prove successless with another: there is no community or commonweal of virtue: every man must study his own economy, and adapt such rules unto the figure of himself.

#### S E C T. XIX.

BE substantially great in thyself, and more than thou appearest unto others; and let the world be deceived in thee, as they are in the lights of heaven. Hang early plummets upon the heels of pride, and let ambition have but an b epicycle and narrow

b An epicycle is a small revolution made by one planet in the wider orbit of another planet. The meaning is, "Let not ambition form thy circle of action,

" but

narrow circuit in thee. Measure not thyself by thy morning shadow, but by the extent of thy grave; and reckon thyself above the earth, by the line thou must be contented with under it. Spread not into boundless expansions either of designs or desires. Think not that mankind liveth but for a few; and that the rest are born but to serve those ambitions, which make but flies of men and wildernesses of whole nations. Swell not into vehement actions which imbroil and confound the earth; but be one of those violent ones which force a the kingdom of heaven. If thou must needs rule, be b Zeno's king, and enjoy that empire which every man gives himself. He who is thus his own monarch contentedly sways the scepter of himself, not envying the

glory

but move upon other principles; and let ambition only operate as something extrinsick and adventitious."

a Matthew XI.

That is, "the king of the Stoics," whose founder was Zeno, and who held, that the wise man alone had power and royalty.

glory of crowned heads and elohims of the earth. Could the world unite in the practife of that despised train of virtues, which the divine ethicks of our Saviour hath so inculcated upon us, the surious face of things must disappear; Eden would be yet to be found, and the angels might look down, not with pity, but joy upon us.

# S E C T. XX.

ear were able to reach the noise of the moon, which some think it maketh in its rapid revolution; though the number of thy ears should equal Argus his eyes; yet stop them all with the wise man's wax, and be deaf unto the suggestions of talebearers, calumniators, pickthank or malevolent delators, who, while quiet men sleep, sowing the tares of discord and division, distract the tranquillity of charity and all

ears of his companions with wax when they passed by the Sirens.

friendly society. These are the tongues that fet the world on fire, cankers of reputation, and, like that of Jonas his gourd, wither a good name in a night. Evil spirits may sit still, while these spirits walk about and perform the business of hell. To speak more strictly, our corrupted hearts are the factories of the devil, which may be at work without his presence; for when that circumventing spirit hath drawn malice, envy, and all unrighteousness unto well rooted habits in his disciples, iniquity then goes on upon its own legs; and if the gate of hell were shut up for a time, vice would still be fertile and produce the fruits of hell. Thus when God forsakes us, Satan also leaves us: for fuch offenders he looks upon as fure and fealed up, and his temptations then needless unto them.

### S E C T. XXI.

ANNIHILATE not the mercies of God by the oblivion of ingratitude: for oblivion is a kind of annihilation; and for

for things to be as though they had not been, is like unto never being. Make not thy head a grave, but a repository of God's mercies. Though thou hadst the memory of Seneca, or Simonides, and conscience the punctual memorist within us, yet trust not to thy remembrance in things which need a phylacteries. Register not only strange, but merciful occurrences. Let b Ephemerides not Olympiads give thee account of his mercies: let thy diaries stand thick with dutiful mementos and afterisks of acknowledgment. And to be compleat and forget nothing, date not his mercy from thy nativity; look beyond the world, and before the æra of ADAM.

A phylactery is a writing bound upon the forehead, containing something to be kept constantly in mind. This was practised by the Jewish doctors with regard to the Mosaic law.

Particular journals of every day, not abstracts comprehending several years under one notation. An Ephemeris is a diary, an Olympiad is the space of sour years.

# S E C T. XXII.

PAINT not the sepulcher of thy self, and strive not to beautify thy corruption. Be not an advocate for thy vices, nor call a for many hour-glasses to justify thy imperfections. Think not that always good which thou thinkest thou canst always make good, nor that concealed which the fun doth not behold: that which the sun doth not now see, will be visible when the sun is out, and the stars are fallen from heaven. Mean while there is no darkness unto conscience; which can see without light, and in the deepest obscurity give a clear draught of things, which the cloud of dissimulation hath conceal'd from all eyes. There is a natural standing court within us, examining, acquitting, and condemning at the tribunal of ourselves; wherein iniquities have

That is, "do not speak much or long in justification of thy faults." The antient pleaders talked by a Clepsydra, or measurer of time.

their natural b thetas and no c nocent is abfolved by the verdict of himfelf. And
therefore although our transgressions shall
be tried at the last bar, the process need
not be long: for the judge of all knoweth
all, and every man will nakedly know
himself; and when so few are like to plead
not guilty, the assize must soon have an
end.

#### S E C T. XXIII.

with others, but serve none. Civil complacency consists with decent honesty: Flattery is a juggler, and no kin unto sincerity. But while thou maintainest the plain path, and scornest to flatter others, fall not into self-adulation, and become not thine own parasite. Be deaf unto thyself, and be not betrayed at home. Self-credulity,

b ⊙ a theta inscribed upon the judges tessera or ballot was a mark for death or capital condemnation.

Judice nemo nocens absolvitur Juv.

There is no a Damocles like unto felfopinion, nor any Siren to our own fawning
conceptions. To magnify our minor things,
or hug ourselves in our b apparitions;
to afford a credulous ear unto the c clawing suggestions of fancy; to pass our days
in painted mistakes of ourselves; and tho
d we behold our own blood, to think ourselves the sons of Jupiter; are blandishments of self-love, worse than outward delusion. By this imposture wise men sometimes are mistaken in their elevation, and
look above themselves. And sools, which
are santipodes unto the wise, conceive them-

- a Damocles was a flatterer of Dionysius.
- b Appearances without realities.
- c Tickling, flattering. A clawback is an old word for a flatterer. Jewel calls some writers for popery the pope's clawbacks.".
  - d That is, "though we bleed when we are wound-
- "cd, though we find in ourselves the impersections of humanity."
  - e As Alexander the Great did. First edit.
  - f Opposites.

felves to be but their g Periœci, and in the same parallel with them.

# S E C T. XXIV.

Pe not a Hercules furens abroad, and a poltron within thyself. To chase our enemies out of the sield, and be led captive by our vices; to beat down our foes, and fall down to our concupiscences; are solecisms in moral schools, and no laurel attends them. To well manage our affections, and wild horses of Plato, are the highest h Circenses: and the noblest i digladiation is in the theatre of ourselves; for therein our inward antagonists, not only like common gladiators, with ordinary weapons and down-right blows make at us, but also, like k retiary and laqueary

D

g Only placed at a distance in the same line.

h Circenses were Roman horse-races.

i Fencing-match.

k The Retiarius or Laquearius was a prize-fighter, who entangled his opponent in a net, which by some dexterous management he threw upon him.

combatants, with nets frauds and entanglements fall upon us. Weapons for such combats, are not to be forged at 2 Lipara: Vulcan's art doth nothing in this internal militia; wherein not the armour of Achilles, but the armature of St. Paul, gives the glorious day, and triumphs not leading up into capitols, but up into the highest heavens. And, therefore, while so many think it the only valour to command and master others, study thou the dominion of thyself, and quiet thine own commotions. Let right reason be thy b Lycurgus, and lift up thy hand unto the law of it: move by the intelligences of the superiour faculties, not by the rapt of passion, nor merely by that of temper and constitution. They who are merely carried on by the wheel of fuch inclinations, without the hand and guidance of sovereign reason, are but the cau-

tomatous

The Liparæan islands, near Italy, being volcanos, were fabled to contain the forges of the Cyclops.

b Thy lawgiver.

Moved not by choice, but by some mechanical impulse.

# [ 35 ]

tomatous part of mankind, rather lived than living, or at least underliving themselves.

### S E C T. XXV.

ET not fortune, which hath no name in scripture, have any in thy divinity. Let Providence, not chance, have the honour of thy acknowledgments, and be thy Oedipus in contingences. Mark well the paths and winding ways thereof; but be not too wise in the construction, or sudden in the application. The hand of Provi-DENCE writes often by abbreviatures, hieroglyphicks or short characters, which, like the d Laconism on the wall, are not to be made out but by a hint or key from that Spirit which indited them. Leave future occurrences to their uncertainties, think that which is present thy own; and since 'tis easier to foretel an eclipse, than a foul day, at some distance, look for little re-

d The short sentence written on the wall of Bel-shazzar. See Daniel.

# [ 36 ]

certainty of things, and what lieth yet unexerted in the chaos of futurity. The uncertainty and ignorance of things to come, makes the world new unto us by unexpected emergencies; whereby we pass not our days in the trite road of affairs affording no novity; for the novelizing spirit of man lives by variety, and the new faces of

### S E C T. XXVI.

eth the dimension of little things; and unto some 'tis wealth enough not to be poor; and others are well content, if they be but rich enough to be honest, and to give every man his due: yet fall not into that obsolete affectation of bravery, to throw away thy money, and to reject all honours or honourable stations in this courtly and splendid world. Old generosity is superannuated, and such contempt of the world out of date. No man is now like to resuse

the favour of great ones, or be content to fay unto princes, a stand out of my sun. And if any there be of such antiquated resolutions, they are not like to be tempted out of them by great ones; and 'tis fair if they escape the name of hypocondriacks from the genius of latter times, unto whom contempt of the world is the most contemptible opinion; and to be able, like Bias, to carry all they have about them were to be the eighth wise-man. However, the old b tetrick philosophers look'd always with indignation upon fuch a face of things; and observing the unnatural current of riches, power, and honour in the world, and withal the imperfection and demerit of perfons often advanced unto them, were temptcd unto angry opinions, that affairs were ordered more by stars than reason, and that things went on rather by lottery than election.

a This was the answer made by Diogenes to Alexander, who asked him what he had to request.

b Sour, morose.

# S E C T. XXVII.

F thy vessel be but small in the ocean of this world, if meanness of possessions be thy allotment upon earth, forget not those virtues which the great disposer of all bids thee to entertain from thy quality and condition; that is, submission, humility, content of mind, and industry. Content may dwell in all stations. To be low, but above contempt, may be high enough to be happy. But many of low degree may be higher than computed, and some cubits above the common commensuration; for in all states virtue gives qualifications and allowances, which make out defects. Rough diamonds are sometimes mistaken for pebbles; and meanness may be rich in accomplishments, which riches in vain desire. If our merits be above our stations, if our intrinsecal value be greater than what we go for, or our value than our valuation, and if we stand higher

higher in God's, than in the "Censor's book; it may make some equitable balance in the inequalities of this world, and there may be no such vast chasm or gulph between disparities as common measures determine. The Divine eye looks upon high and low differently from that of man. They who seem to stand upon b Olympus, and high mounted unto our eyes, may be but in the valleys, and low ground unto his; for he looks upon those as highest who nearest approach his Divinity, and upon those as lowest who are farthest from it.

### S E C T. XXVIII.

WY HEN thou lookest upon the impersections of others, allow one eye for what is laudable in them, and the balance they have from some excellency, which may render them considerable. While we look with sear or hatred upon the teeth

<sup>&</sup>lt;sup>2</sup> The book in which the Census, or account of every man's estate was registred among the Romans.

<sup>&#</sup>x27; An high mountain.

of the viper, we may behold his eye with love. In venemous natures something may be amiable: poisons afford antipoisons: nothing is totally, or altogether uselesly bad. Notable virtues are sometimes dashed with notorious vices, and in some vicious tempers have been found illustrious acts of virtue; which makes such observable worth in some actions of king Demetrius, Antonius, and Ahab, as are not to be found in the same kind in Aristides, Numa, or David. Constancy generosity clemency and liberality have been highly conspicuous in some persons not mark'd out in other concerns for example or imitation. But since goodness is exemplary in all, if others have not our virtues, let us not be wanting in theirs; nor scorning them for their vices whereof we are free, be condemned by their virtues wherein we are deficient. There is dross alloy and embasement in all human tempers; and he flieth without wings, who thinks to find ophir or pure metal in any. For perfection is not, like light, center'd in any one body;

body; but, like the dispersed seminalities of vegetables at the creation, scattered through the whole mass of the earth, no place producing all and almost all some. So that 'tis well, if a perfect man can be made out of many men, and, to the perfect eye of God, even out of mankind. Time, which perfects some things, imperfects also others. Could we intimately apprehend the ideated man, and as he stood in the intellect of God upon the first exertion by creation, we might more narrowly comprehend our present degeneration, and how widely we are fallen from the pure exemplar and idea of our nature: for after this corruptive elongation from a primitive and pure creation. we are almost lost in degeneration; and Adam hath not only fallen from his CREA-TOR, but we ourselves from ADAM, our <sup>a</sup> Tycho and primary generator.

<sup>&</sup>lt;sup>a</sup> O'τὐχων qui facit, O'τυχων qui adeptus est: he that makes, or he that possesses; as Adam might be said to contain within him the race of mankind.

# S E C T. XXIX.

UARREL not rashly with adver-sities not yet understood; and overlook not the mercies often bound up in them: sor we consider not sufficiently the good of evils, nor fairly compute the mercies of Providence in things afflictive at first hand. The famous Andreas Doria being invited to a feast by Aloysio Fieschi with design to kill him, just the night before fell mercifully into a fit of the gout and so escaped that mischief. When Cato intended to kill himself, from a blow which he gave his servant, who would not reach his sword unto him, his hand so swell'd that he had much ado to effect his design. Hereby any one but a resolved Stoick might have taken a fair hint of consideration, and that' some merciful genius would have contrived his preservation. To be sagacious in such intercurrences is not superstition, but wary and pious discretion; and to contemn such

hints were to be deaf unto the speaking hand of God, wherein Socrates and Cardan would hardly have been mistaken.

#### S E C T. XXX.

PREAK not open the gate of destruction, and make no haste or bustle unto ruin. Post not heedlessy on unto the non ultra of folly, or precipice of perdition. Let vicious ways have their b tropicks and destexions, and swim in the waters of sin but as in the Asphaltick lake, though sineared and desiled, not to sink to the bottom. If thou hast dipt thy soot in the brink, yet venture not over a Rubicon. Run not into extremities from whence there

a Socrates, and Cardan, perhaps, in imitation of him, talked of an attendant spirit or genius, that hinted from time to time how they should act.

b The tropick is the point where the fun turns back.

The lake of Sodom; the waters of which being very falt, and, therefore, heavy, will scarcely suffer an animal to sink.

d The river, by crossing which Cæsar declared war against the senate.

# [ 44 ]

is no regression. In the vicious ways of the world it mercifully falleth out that we become not extempore wicked, but it taketh some time and pains to undo ourselves. We fall not from virtue, like Vulcan from heaven, in a day. Bad dispositions require some time to grow into bad habits; bad habits must undermine good, and often repeated acts make us habitually evil: so that by gradual depravations, and while we are but staggeringly evil, we are not left without parentheses of considerations, thoughtful rebukes, and merciful interventions, to recal us unto ourselves. For the wisdom of God hath methodiz'd the course of things unto the best advantage of goodness, and thinking considerators overlook not the tract thereof.

### S E C T. XXXI.

SINCE men and women have their proper virtues and vices; and even twins of different fexes have not only distinct coverings in the womb, but differing qualities and virtuous habits after; transplace not their proprieties, and confound not their distinctions. Let masculine and seminine accomplishments shine in their proper orbs, and adorn their respective subjects. However unite not the vices of both sexes in one; be not monstrous in iniquity, nor hermaphroditically vitious.

#### S E C T. XXXII.

dealing, be the cognisance of thy family, or characteristick of thy country, hold fast such inclinations suckt in with thy first breath, and which lay in the cradle with thee. Fall not into transforming degenerations, which under the old name create a new nation. Be not an alien in thine own nation; bring not a Orontes into Tiber; learn the virtues not the vices of thy sorieign neighbours, and make thy imitation

In tiberim dessuxit Orontes: "Orontes has mingled her stream with the Tiber," says Juvenal, speaking of the confluence of foreigners to Rome.

thing of thyself in the noble acts of thy ancestors, and find in thine own genius that of thy predecessors. Rest not under the expired merits of others, shine by those of thy own. Flame not like the central sire which enlightneth no eyes, which no man seeth, and most men think there's no such thing to be seen. Add one ray unto the common lustre; add not only to the number but the note of thy generation; and prove not a cloud but an a afterisk in thy region.

### S E C T. XXXIII.

SINCE thou hast an b alarum in thy breast, which tells thee thou hast a living spirit in thee above two thousand times in an hour; dull not away thy days in slothful supinity and the tediousness of doing

nothing.

<sup>·</sup> A fmall star.

The motion of the heart, which beats about fixty times in a minute; or, perhaps, the motion of respiration, which is nearer to the number mentioned.

nothing. To strenuous minds there is an inquietude in overquietness, and no laboriousness in labour; and to tread a mile after the slow pace of a snail, or the heavy measures of the c lazy of brazilia, were a most tiring pennance, and worse than a race of some furlongs at the d Olympicks. The rapid courses of the heavenly bodies are rather imitable by our thoughts, than our corporeal motions; yet the solemn motions of our lives amount unto a greater measure than is commonly apprehended. Some few men have furrounded the globe of the earth; yet many in the set locomotions and movements of their days have measured the circuit of it, and twenty thousand miles have been exceeded by them. Move circumspectly not c meticulously, and rather carefully follicitous than anxiously follicitudi-

An animal called more commonly the Sloth, which is faid to be several days in climbing a tree.

of the chief.

<sup>\*</sup> Timidly.

nous. Think not there is a lion in the way, nor walk with leaden fandals in the paths of goodness; but in all virtuous motions let prudence determine thy measures. Strive not to run like Hercules, a furlong in a breath: festination may prove precipitation; deliberating delay may be wife cunctation, and slowness no slothfulness.

### S E C T. XXXIV.

SINCE virtuous actions have their own trumpets, and, without any noise from thyself, will have their resound abroad; busy not thy best member in the encomium of thyself. Praise is a debt we owe unto the virtues of others, and due unto our own from all, whom malice hath not made mutes, or envy struck dumb. Fall not, however, into the common prevaricating way of self-commendation and boasting, by denoting the impersections of others. He who discommendeth others obliquely, commendeth himself. He who whispers their infirmities, proclaims his own exemption

from them; and, consequently, says, I am not as this publican, or a hic niger, whom I talk of. Open oftentation and loud vainglory is more tolerable than this obliquity, as but containing some froth no ink, as but consisting of a personal piece of folly, nor complicated with uncharitableness. Superstuously we seek a precarious applause abroad: every good man hath his b plaudite within himself; and though his tongue be silent, is not without loud cymbals in his breast. Conscience will become his panegyrist, and never forget to crown and extol him unto himself.

Hic niger est, hunc tu Romane caveto. Hor.

This man is vile; here, Roman, fix your mark; His foul is black, as his complexion's dark.

FRANCIS.

<sup>5</sup> Plaudite was the term by which the antient theawical performers solicited a clap.

E

SECT.

# S E C T. XXXV.

LESS not thyself only that thou were born in a Athens; but, among thy multiplied acknowledgments, lift up one hand unto heaven, that thou wert born of honest parents; that modesty, humility, patience, and veracity, lay in the same egg, and came into the world with thee. From such foundations thou may'st be happy in a virtuous b precocity, and make an early and long walk in goodness; so may'st thou more naturally feel the contrariety of vice unto nature, and resist some by the antidote of thy temper. As charity covers, so modesty preventeth a multitude of sins; withholding from noon-day vices and brazen-brow'd iniquities, from sinning on the house-top, and painting our follies with the rays of the sun. Where this virtue reigneth, though vice may show its head, it cannot be in its

<sup>\*</sup> As Socrates did. Athens a place of learning and civility. First edit.

b A ripeness preceding the usual time.

## [ 51 ];

glory. Where shame of sin sets, look not for virtue to arise; for when modesty taketh wing, c Astræa goes soon after.

#### S E C T. XXXVI.

HE heroical vein of mankind runs much in the foldiery, and courageous part of the world; and in that form we oftenest find men above men. History is sull of the gallantry of that tribe; and when we read their notable acts, we easily find what a difference there is between a life in de Plutarch and in Laërtius. Where true fortitude dwells, loyalty bounty friendship and sidelity may be found. A man may conside in persons constituted for noble ends, who dare do and suffer, and who have a hand to burn for their country f and their friend. Small and creeping things are the product of petty

Astræa Goddess of justice and consequently of all virtue. First edit.

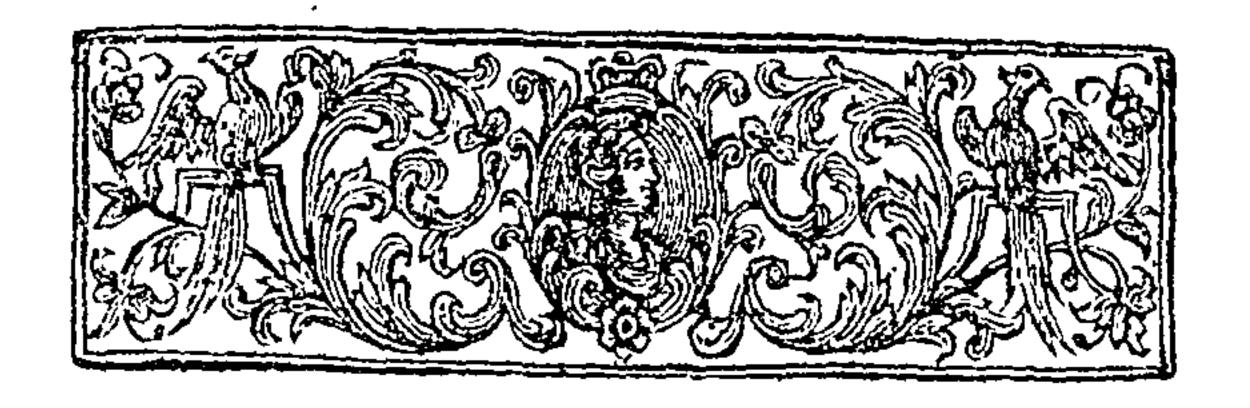
d Who wrote the lives, for the most part, of warriors.

e Who wrote the lives of philosophers.

Like Mutius Savola.

fouls. He is like to be mistaken, who makes choice of a covetous man for a friend, or relieth upon the reed of narrow and poltron friendship. Pitiful things are only to be found in the cottages of such breasts; but bright thoughts, clear deeds, constancy, sidelity, bounty, and generous honesty are the gems of noble minds; wherein, to derogate from none, the true heroick English gentleman hath no peer.





# PART II.

## SECT. I.

fure; glut not thy sense with palative delights; nor revenge the contempt of temperance by the penalty of satiety. Were there an age of delight or any pleasure durable, who would not honour Volupia? but the race of delight is short, and pleasures have mutable faces. The pleasures of one age are not pleasures in another, and their lives fall short of our own. Even in our sensual days, a the strength of delight is in its seldomness or rarity, and

E 3

fling

Noluptates commendat rarior usus.

sting in its satiety: mediocrity is its life, and immoderacy its confusion. The luxurious emperors of old inconsiderately satiated themselves with the dainties of sea and land, till, wearied through all varieties, their refections became a study unto them, and they were fain to feed by invention: novices in true Epicurism! which by mediocrity, paucity, quick and healthful appetite, makes delights smartly acceptable; whereby Epicurus himself found a Jupiter's brain in a piece of Cytheridian cheese, and the b tongues of nightingales in a dish of onions. Hereby healthful and temperate poverty hath the start of nauseating luxury; unto whose clear and naked appetite every meal is a feast, and in one single dish the first course of c Metellus; who are cheaply

hungry,

a Cerebrum Jovis, for a delicious bit. First edit.

b A dish used among the luxurious of antiquity.

c Metellus his riotous pontificial supper, the great variety whereat is to be seen in Macrobius. First. edit. The supper was not given by Metellus, but by Lentulus when he was made priest of Mars, and recorded by Metellus.

hungry, and never lose their hunger, or advantage of a craving appetite, because obvious food contents it; while d Nero, half famish'd, could not feed upon a piece of bread, and, lingring after his snowed water, hardly got down an ordinary cup of e Calda f. By fuch circumscriptions of pleasure the contemned philosophers reserved unto themselves the secret of delight, which the <sup>g</sup> Helluo's of those days lost in their exorbitances. In vain we study delight: it is at the command of every fober mind, and in every sense born with us: but nature, who teacheth us the rule of pleasure, instructeth also in the bounds thereof, and where its line expireth. And therefore temperate minds, not pressing their pleasures until the sting appeareth, enjoy their contentations contentedly, and without regret, and so escape the folly of excess, to be pleased unto displacency.

E 4

SECT.

d Nero in his flight. Sueton. First edit.

e Warm water.

f Caldæ gelidæque minister. First edit.

<sup>&</sup>amp; Gluttons.

#### S E C T. II.

RING candid eyes unto the perusal of mens works, and let not a Zoilisin or detraction blast well-intended labours. He that endureth no faults in men's writings must only read his own, wherein for the most part all appeareth white. Quotation mistakes, inadvertency, expedition, and human lapses, may make not only moles but warts in learned authors; who, notwith-Itanding, being judged by the capital matter, admit not of disparagement. I should unwillingly affirm that Cicero was but flightly versed in Homer, because in his work "De Gloria" he ascribed those verses unto Ajax, which were delivered by Hector. What if Plautus in the account of Hercules mistaketh nativity for conception? Who would have mean thoughts of Apollinaris Sidonius, who feems to mistake the river

<sup>\*</sup> From Zoilus the calumniator of Homer.

Tigris for Euphrates? and though a good historian and learned bishop of Avergne had the misfortune to be out in the story of David, making mention of him when the ark was sent back by the Philistins upon a cart; which was before his time. Though I have no great opinion of Machiavel's learning, yet I shall not presently say that he was but a novice in Roman history, because he was mistaken in placing Commodus after the emperor Severus. Capital truths are to be narrowly eyed; collateral lapses and circumstantial deliveries not to be too strictly sifted. And if the substantial subject be well forged out, we need not examine the sparks which irregularly fly from it.

#### S E C T. III.

ET well-weighed considerations, not stiff and peremptory assumptions, guide thy discourses pen and actions. To begin or continue our works like Trisinegistus of old,

old, " verum certè verum atque verissi-" mum est," would sound arrogantly unto present ears in this strict enquiring age; wherein, for the most part, probably, and perhaps, will hardly serve to mollify the spirit of captious contradictors. If Cardan saith that a parrot is a beautiful bird, Scaliger will set his wits o' work to prove it a deformed animal. The compage of all phyfical truths is not so closely jointed, but opposition may find intrusion; nor always so closely maintained, as not to suffer attrition. Many positions seem b quodlibetically constituted, and like a c Delphian blade will cut on both sides. Some truths seem almost falshoods, and some falshoods almost truths; wherein falshood and truth seem almost æquilibriously stated, and but a few grains of distinction to bear down the ba-

<sup>&</sup>lt;sup>2</sup> In Tabula Smaragdina. First edit.

<sup>&</sup>quot;It is true, certainly true, true in the highest degree."

b Determinable on either side.

The Delphian sword became proverbial, not because it cut on both sides, but because it was used to different purposes.

lance. Some have digged deep, yet glanced by the droyal vein; and a man may come unto the Pericardium, but not the heart of truth. Besides, many things are known, as some are seen, that is by Parallaxis, or at some distance from their true and proper beings, the superficial regard of things having a different aspect from their true and central natures. And this moves sober pens unto suspensions, and timorous affertions, nor presently to obtrude them as so Sibyls leaves, which after considerations may find to be but solious apparances, and not the central and vital interiors of truth.

### S E C T. IV.

ALUE the judicious, and let not mere acquests in minor parts of learning gain thy preexistimation. 'Tis an un-

VIRGIL.

just

d I suppose the main vein of a mine.

e The integument of the heart.

f The parallax of a star is the difference between its real and apparent place.

g On which the Sybil wrote her oraculous answers.

just way of compute, to magnify a weak head for some Latin abilities; and to undervalue a solid judgment, because he knows not the genealogy of Hector. When that notable 2 king of France would have his son to know but one sentence in Latin, had it been a good one, perhaps it had been enough. Natural parts and good judgments rule the world. States are not governed by b ergotisms. Many have ruled well, who could not, perhaps, define a commonwealth; and they who understand not the globe of the earth, command a great part of it. Where natural logick prevails not, artificial too often faileth. Where nature fills the fails, the vessel goes smoothly on; and when judgment is the pilot, the enfurance need not be high. When judustry builds upon nature, we may expect pyramids: where that foundation is wanting, the structure must be low. They do most by

books,

<sup>&</sup>lt;sup>2</sup> Lewis the eleventh. Qui nescit dissimulare nescit Regnare. First edit.

b Conclusions deduced according to the forms of logick.

books, who could do much without them; and he that chiefly owes himself unto himself, is the substantial man.

#### SECT. V.

ET thy studies be free as thy thoughts and contemplations: but fly not only upon the wings of imagination; join sense unto reason, and experiment unto speculation, and so give life unto embryon truths, and verities yet in their chaos. There is nothing more acceptable unto the ingenious world, than this noble c eluctation of truth; wherein, against the tenacity of prejudice and prescription, this century now prevaileth. What libraries of new volumes aftertimes will behold, and in what a new world of knowledge the eyes of our posterity may be happy, a few ages may joyfully declare; and is but a cold thought unto those, who cannot hope to behold this exantlation of truth, or that obscured virgin half out of the pit: which might make some content

c Forcible eruption,

with a commutation of the time of their lives, and to commend the fancy of the <sup>2</sup> Pythagorean metempsychosis; whereby they might hope to enjoy this happiness in their third or fourth selves, and behold that in Pythagoras, which they now but foresee in b Euphorbus. The world, which took but six days to make, is like to take six thousand to make out: mean while old truths voted down begin to resume their places, and new ones arise upon us; wherein there is no comfort in the happiness of e Tully's Elizium, or any satisfaction from the ghosts of the antients, who knew so little of what is now well known. Men disparage not antiquity, who prudently exalt new enquiries; and make not them the judges of truth, who were but fellow enquirers of it. Who can but magnify the

endeavours

a Transmigration of the soul from body to body.

b Ipse ego, nam memini, Trojani tempore belli Panthoides Euphorbus eram. —— Ovi D. Note to the first edit.

c Who comforted himself that he should there converse with the old Philosophers. First edit.

endeavours of Aristotle, and the noble start which learning had under him; or less than pity the slender progression made upon such advantages? while many centuries were lost in repetitions and transcriptions sealing up the book of knowledge. And therefore rather than to swell the leaves of learning by fruitless repetitions, to sing the same song in all ages, nor adventure at essays beyond the attempt of others, many would be content that some would write like definitions or Paracelsus; and be willing to endure the monstrosity of some opinions, for diversingular notions requiting such aberrations.

#### S E C T. VI.

ways, nor despair of better things whereof there is yet no prospect. Who would imagine that Diogenes, who in his younger days was a falsifier of money, should in the after-course of his life be so

d Wild and enthusiastick authors of romantick chy-mystry.

great a contemner of metal? Some Negros who believe the resurrection, think that they shall rise a white. Even in this life, regeneration may imitate resurrection; our black and vicious tinctures may wear off, and goodness clothe us with candour. Good admonitions knock not always in vain. There will be signal examples of God's mercy, and the angels must not want their charitable rejoices for the conversion of lost sinners. Figures of most angles do nearest approach unto circles, which have no angles at all. Some may be near unto goodness, who are conceived far from it; and many things happen, not likely to ensue from any promises of antecedencies. Culpable beginnings have found commendable conclusions, and infamous courses pious retractations. Detestable sinners have proved exemplary converts on earth, and may be glorious in the apartment of Mary Magdalen in heaven. Men are not the

<sup>&</sup>quot; Mandelflo's travels.

fame through all divisions of their ages: time, experience, self-reflexions, and God's mercies, make in some well-temper'd minds a kind of translation before death, and men to differ from themselves as well as from other persons. Hereof the old world afforded many examples to the infamy of latter ages, wherein men too often live by the rule of their inclinations; so that, without any astral prediction, be the first day gives the last: men are commonly as they were; or rather, as bad dispositions run into worser habits, the evening doth not crown, but sowerly conclude the day.

#### S E C T. VII.

F the ALMIGHTY will not spare us according to his merciful capitulation at Sodom; if his goodness please not to pass over a great deal of bad for a small pittance of good, or to look upon us in the lump; there is slender hope for mercy, or sound

b Primusque dies dedit extremum. First edit.

presumption of fulfilling half his will, either in persons or nations: they who excelin some virtues being so often desective in others; few men driving at the extent and amplitude of goodness, but computing themselves by their best parts, and others by their worst, are content to rest in those virtues which others commonly want. Which makes this speckled face of honesty in the world; and which was the imperfection of the old philosophers and great pretenders unto virtue, who well declining the gaping vices of intemperance, incontinency, violence and oppression, were yet blindly peccant in iniquities of closer faces, were envious, malicious, contemners, scoffers, censurers, and stuft with vizard vices, no less depraving the ethereal particle and diviner portion of man. For envy, malice, hatred, are the qualities of Satan, close and dark like himself; and where such brands smoke, the soul cannot be white. Vice may be had at all prices; expensive and costly iniquities, which make the noise, cannot

cannot be every man's sins! but the soul may be fouly a inquinated at a very low rate; and a man may be cheaply vicious, to the perdition of himself.

#### S E C T. VIII.

PINION rides upon the neck of reason; and men are happy, wise, or learned, according as that empress shall set them down in the register of reputation. However, weigh not thyself in the scales of thy own opinion, but let the judgment of the judicious be the standard of thy merit. Self-estimation is a flatterer too readily intitling us unto knowledge and abilities, which others follicitously labour after, and doubtfully think they attain. Surely, fuch confident tempers do pass their days in best tranquillity, who, resting in the opinion of their own abilities, are happily gull'd by fuch contentation; wherein pride, self-conceit, confidence, and opiniatrity, will hardly

a Defiled.

fusfier any to complain of imperfection. To think themselves in the right, or all that right, or only that, which they do or think, is a fallacy of high content; though others laugh in their sleeves, and look upon them as in a deluded state of judgment: wherein, notwithstanding, twere but a civil piece of complacency to suffer them to sleep who would not wake, to let them rest in their securities, nor by dissent or opposition to stagger their contentments.

### a S E C T. IX.

SINCE the brow speaks often true, since eyes and noses have tongues, and the countenance proclaims the heart and inclinations; let observation so far instruct thee in physiognomical lines, as to be some rule for thy distinction, and guide for thy affection unto such as look most like men. Mankind, methinks, is comprehended in a few faces, if we exclude all visages which

a This is a very fanciful and indefensible section.

any way participate of symmetries and schemes of look common unto other animals. For as though man were the extract of the world, in whom all were b. " in coa-"gulato," which in their forms were " "in "foluto" and at extension; we often observe that men do most act those creatures, whose constitution parts and complexion do. most predominate in their mixtures. This is a corner-stone in physiognomy, and holds some truth not only in particular persons but also in whole nations. There are, therefore, provincial faces, national lips and noses, which testify not only the natures of those countries, but of those which have them elsewhere. Thus we may make England the whole earth, dividing it not only into Europe, Asia, Africa, but the particular regions thereof; and may in some la. titude affirm, that there are Ægyptians, Scythians, Indians among us, who, though born in England, yet carry the faces and

b "In a congealed or compressed mass."

c" In a state of expansion and separation."

air of those countries, and are also agreeable and correspondent unto their natures. Faces look uniformly unto our eyes: how they appear unto some animals of a more piercing or differing sight, who are able to discover the inequalities rubbs and hairiness of the skin, is not without good doubt: and, therefore, in reference unto man, Cupid is said to be blind. Affection should not be too sharp-eyed, and love is not to be made by magnifying glasses. If things were seen as they truly are, the beauty of bodies would be much abridged. And, therefore, the wise Contriver hath drawn the pictures and outsides of things foftly and amiably unto the natural edge of our eyes, not leaving them able to discover those uncomely asperities, which make oyster-shells in good faces, and hedghogs even in Venus's moles.

## [71]

## SECT.X.

OURT not felicity too far, and weary not the favourable hand of fortune. Glorious actions have their times, extent, and non ultra's. To put no end unto attempts were to make prescription of successes, and to bespeak unhappiness at the last: for the line of our lives is drawn with white and black viciffitudes, wherein the extremes hold seldom one complexion. That Pompey should obtain the sirname of great at twenty-five years, that men in their young and active days should be fortunate and perform notable things, is no observation of deep wonder; they having the strength of their fates before them, nor yet acted their parts in the world for which they were brought into it: whereas men of years, matured for counsels and designs, seem to be beyond the vigour of their active fortunes, and high exploits of life, providentially ordained unto ages best agreeable unto them. And, therefore, many

brave men finding their fortune grow-faint, and feeling its declination, have timely withdrawn themselves from great attempts, and so escaped the ends of mighty men, disproportionable to their beginnings. But magnanimous thoughts have so dimmed the eyes of many, that forgetting the very essence of fortune, and the vicissitude of good and evil, they apprehend no bottom in felicity; and so have been still tempted on unto mighty actions, referved for their destructions. For fortune lays the plot of our adversities in the foundation of our felicities, blessing us in the a first quadrate, to blast us more sharply in the last. And since in the highest felicities there lieth a capacity of the lowest miseries, she hath this advantage from our happiness to make us truly miserable. L. to become acutely miserable we are to be first happy. Affliction smarts most in the most happy state, as

a That is, "in the first part of our time," alluding to the four quadratures of the moon.

## [ 73 ]

having somewhat in it of b Bellisarius at beggars bush, or Bajazet in the grate. And this the fallen angels severely understand; who having acted their first part in heaven, are made sharply miserable by transition, and more afflictively feel the contrary state of hell.

## S E C T. XI.

CARRY no careless eye upon the unexpected scenes of things; but ponder the acts of Providence in the publick ends of great and notable men, set out unto the view of all for no common memorandums. The tragical exits and unexpected periods of some eminent persons, cannot but amuse considerate observators;

b Bellisarius, after he had gained many victories, is said to have been reduced, by the displeasure of the emperor, to actual beggary: Bajazet, made captive by Tamerlane, is reported to have been shut up in a cage. It may somewhat gratify those who deserve to be gratised, to inform them that both these stories are FALSE.

wherein,

wherein, notwithstanding, most men seem to see by a extramission, without reception or self-reflexion, and conceive themselves unconcerned by the fallacy of their own exemption: whereas, the mercy of God hath singled out but few to be the signals of his justice, leaving the generality of mankind to the pædagogy of example. But the inadvertency of our natures not well apprehending this favourable method and merciful b decimation, and that he sheweth in some what others also deserve; they entertain no sense of his hand beyond the stroke of themselves. Whereupon the whole becomes necessarily punished, and the contracted hand of God extended unto universal judgments: from whence, nevertheless, the stupidity of our tempers receives but faint impressions, and in the most tragical state of times holds but starts of good motions, So that to continue us in goodness there

must

<sup>\*</sup> By the passage of sight from the eye to the object.

<sup>&</sup>lt;sup>b</sup> The selection of every tenth man for punishment, a practice sometimes used in general mutinies.

must be iterated returns of misery, and a circulation in afflictions is necessary. And fince we cannot be wife by warnings; fince plagues are insignificant, except we be perfonally plagued; fince also we cannot be punish'd unto amendment by proxy or commutation, nor by vicinity, but contaction; there is an unhappy necessity that we must smart in our own skins, and the provoked arm of the Almight Gill upon ourselves. The capital sufferings of others are rather our monitions than acquitments. There is but one who died c salvifically for us, and able to fay unto death, hitherto shalt thou go and no farther; only one enlivening death, which makes gardens of graves, and that which was fowed in corruption to arise and flourish in glory: when death itself shall die, and living shall have no period; when the damned shall mourn at the funeral of death; when life not death shall be the wages of sin; when the second

e "So as to procure falvation."

death shall prove a miserable life, and de-struction shall be courted.

#### S E C T. XII.

LTHOUGH their thoughts may feem too severe, who think that few ill-natur'd men go to heaven; yet it may be acknowledged that good-natur'd persons are best founded for that place; who enter the world with good dispositions and natural graces, more ready to be advanced by impressions from above, and christianized unto pieties; who carry about them plain and down-right dealing minds, humility, mercy, charity, and virtues acceptable unto God and man. But whatever success they may have as to heaven, they are the acceptable men on earth, and happy is he who hath his quiver full of them for his friends. These are not the dens wherein falshood lurks, and hypocrify hides its head; wherein frowardness makes its nest; or where malice, hard-heartedness, and oppression love to dwell; not those by whom

the poor get little, and the rich some time lose all; men not of retracted looks, but who carry their hearts in their faces, and need not to be look'd upon with perspectives; not fordidly or mischievously ingrateful; who cannot learn to ride upon the neck of the afflicted, nor load the heavy laden, but who keep the a temple of Janus shut by peaceable and quiet tempers; who make not only the best friends, but the best enemies, as easier to forgive than offend, and ready to pass by the second offence before they avenge the first; who make natural royalists, obedient subjects, kind and merciful princes, verified in our own, one of the best-natur'd kings of this throne. Of the old Roman emperors the best were the best-natur'd; though they made but a small number, and might be writ in a ring. Many of the rest were as bad men as princes; humourists rather than

a The temple of Janus among the Romans was shut in time of peace, and opened at a declaration of war.

of good humours; and of good natural parts rather than of good natures, which did but arm their bad inclinations, and make them wittily wicked.

## S E C T. XIII.

ITH what shift and pains we come into the world, we remember not; but 'tis commonly found no easy matter to get out of it. Many have studied to exasperate the ways of death, but sewer hours have been spent to soften that necessity. That the smoothest way unto the grave is made by bleeding, as common opinion presumeth, beside the sick and fainting languors which accompany that effusion, the experiment in Lucan and a Seneca will make us doubt; under which the noble Stoick so deeply laboured, that, to conceal his affliction, he was fain to retire from the sight of his wife, and not assumed to im-

plore

a Seneca, having opened his veins, found the blood flow so slowly, and death linger so long, that he was forced to quicken it by going into a warm bath.

plore the merciful hand of his physician to shorten his misery therein. b Ovid, the old heroes, and the Stoicks, who were so afraid of drowning, as dreading thereby the extinction of their foul, which they conceived to be a fire, stood probably in fear of an easier way of death; wherein the water, entring the possessions of air, makes a temperate suffocation, and kills as it were without a fever. Surely many, who have had the spirit to destroy themselves, have not been ingenious in the contrivance thereof. 'Twas a dull way practifed by Themistocles, to overwhelm himself with bulls-blood, who, being an Athenian, might have held an easier theory of death from the state potion of his country; from which Socra-TES in Plato seemed not to suffer much more than from the fit of an ague. Cato is much to be pitied, who mangled himself with poniards; and Hannibal seems

Demito naufragium, mors mihi munus erit. Note to the first edit.

e Plutarch's lives. Note to the first edit.

more subtle, who carried his delivery, not in the point but the a pummel of his sword.

The Egyptians were merciful contrivers, who destroyed their malesactors by asps, charming their senses into an invincible sleep, and killing as it were with Hermes his b rod. The c Turkish emperor, odious for other cruelty, was herein a remarkable master of mercy, killing his savourite in his sleep, and sending him from the shade into the house of darkness. He who had been thus destroyed would hardly have bled at the presence of his destroyer: when men are already dead by metaphor, and pass but

<sup>2</sup> Pummel, wherein he is said to have carried something, whereby upon a struggle or despair he might deliver himself from all missortunes.

First edit.

Juvenal says, it was carried in a ring:

Cannarum vindex, et tanti sanguinis ultor, Annulus.

Nor swords at hand, nor hissing darts afar, Are doom'd t' avenge the tedious bloody war, But poison drawn thro' a ring's hollow plate.

DRYDEN.

b Which procured sleep by a touch.

Solyman. Turkish history. Note to the first edit.

from one sleep unto another, wanting herein the eminent part of severity, to feel themselves to die; and escaping the sharpest attendant of death, the lively apprehension
thereof. But to learn to die, is better than
to study the ways of dying. Death will find
some ways to untie or cut the most gordian
knots of life, and make mens' miseries as
mortal as themselves: whereas evil spirits,
as undying substances, are unseparable from
their calamities; and, therefore, they everlastingly struggle under their d angustias,
and bound up with immortality can never
get out of themselves.

d Agonies.





# PART III.

## SECT. I.

Is hard to find a whole age to imitate, or what century to propose for example. Some have been far more approveable than others; but virtue and vice, panegyricks and satyrs, scatteringly to be found in all. History sets down not only things laudable, but abominable; things which should never have been, or never have been known: so that noble patterns must be fetched here and there from single persons, rather than whole nations; and from all nations, rather than any one. The world was early bad, and the first sin the most deplorable of any. The younger world afforded the oldest men, and perhaps

the best and the worst, when length of days made virtuous habits heroical and immoveable, vicious inveterate and irreclaimable. And since 'tis said that the imaginations of their hearts were evil, only evil, and continually evil; it may be feared that their sins held pace with their lives; and their longevity swelling their impieties, the longanimity of God would no longer endure fuch vivacious abominations. Their impieries were furely of a deep dye, which required the whole element of water to wash them away, and overwhelmed their memories with themselves; and so shut up the first windows of time, leaving no histories of those longevous generations, when men might have been properly historians, when Adam might have read long lectures unto Methuselah, and Methuselah unto Noah. For had we been happy in just historical accounts of that unparallel'd world, we might have been acquainted with wonders; and have understood not a little of the acts and undertakings of Moses his mighty

mighty men, and men of renown of old; which might have enlarged our thoughts, and made the world older unto us. For the unknown part of time shortens the estimation, if not the compute of it. What hath escaped our knowledge, falls not under our consideration; and what is and will be latent, is little better than non-existent.

#### S E C T. II.

ftruction, some acted for our infruction, some acted for our imitation; wherein 'tis best to ascend unto the highest conformity, and to the honour of the exemplar. He honours God, who imitates him; for what we virtuously imitate we approve and admire: and since we delight not to imitate inseriors, we aggrandize and magnify those we imitate; since also we are most apt to imitate those we love, we testify our affection in our imitation of the inimitable. To affect to be like, may be no imitation: to act, and not to be what we pretend to imitate, is but a mimical con-

formation, and carrieth no virtue in it. Lucifer imitated not Goo, when he said he would be like the Highest; and a he imitated not Jupiter, who counterfeited thunder. Where imitation can go no farther, let admiration step on, whereof there is no end in the wisest form of men. Even angels and spirits have enough to admire in their sublimer natures; admiration being the act of the creature, and not of Go D, who doth not admire himself. Created natures allow of swelling hyperboles: nothing can be said hyperbolically of Goo, nor will his attributes admit of expressions above their own b exuperances. Trismegistus his circle, whose center is every where, and circumference no where, was no hyperbole. Words cannot exceed, where they cannot express enough. Even the most winged thoughts fall at the setting out, and reach not the portal of DIVINITY.

a Salmoneus.

b Exaggerations.

## S E C T. III.

N a bivious theorems, and Janus-saced doctrines, let virtuous considerations state the determination. Look upon opinions as thou dost upon the moon, and choose not the dark hemisphere for thy contemplation. Embrace not the opacous and blind side of opinions, but that which looks most luciferously or influentially unto goodness. Tis better to think that there are guardian spirits, than that there are no spirits to guard us; that vicious persons are slaves, than that there is any servitude in virtue; that times past have been better than times present, than that times were always bad; and that to be men it sufficeth to be no better than men in all ages, and so promiseuoully to swim down the turbid stream, and make up the grand confusion. Sow not thy understanding with opinions, which make nothing of iniquities, and fallaciously

extenuate

a Speculations which open different tracks to the mind.

extenuate transgressions. Look upon vices and vicious objects, with hyperbolical eyes; and rather enlarge their dimensions, that their unseen deformities may not escape thy sense, and their poisonous parts and stings may appear massy and monstrous unto thee: for the undiscerned particles and atoms of evil deceive us, and we are undone by the invisibles of seeming goodness. We are only deceived in what is not discerned, and to err is but to be blind or dim-sighted as to some perceptions.

#### S E C T. IV.

tuous by epitome, be firm unto such principles of goodness, as carry in them volumes of instruction and may abridge thy labour. And since instructions are many, hold close unto those, whereon the rest depend: so may we have all in a few, and the law and the prophets in a rule; the Sa-

cred

b Linea recta brevissima. First edit.

cred Writ in a stenography, and the Scripture in a nut-shell. To pursue the offeous and folid part of goodness, which gives stability and rectitude to all the rest; to settle on fundamental virtues, and bid early defiance unto mother-vices, which carry in their bowels the seminals of other iniquities; makes a short cut in goodness, and strikes not off an head but the whole neck of Hydra. For we are carried into the dark lake, like the Ægyptian river into the fea, by seven principal ostiaries: the b mother-sins of that number are the deadly engins of evil spirits that undo us, and even evil spirits themselves; and he who is under the chains thereof is not without a possession. Mary Magdalene had more than seven devils, if these with their imps were in her; and he who is thus possessed, may literally be named "Legion." Where such plants grow and prosper, look for no cham-

pian

a In Short-hand.

<sup>&</sup>lt;sup>b</sup> Pride, covetousness, lust, envy, gluttony, anger, sloth.

pian or region void of thorns; but productions like the c tree of Goa, and forests of abomination.

### S E C T. V.

order the finger of the Almighty unto thy will and pleasure; but sit quiet in the soft showers of Providence, and savourable distributions in this world, either to thyself or others. And since not only judgments have their errands, but mercies their commissions; snatch not at every savour, nor think thyself passed by if they fall upon thy neighbour. Rake not up envious displacences at things successful unto others, which the wise disposer of all thinks not sit for thyself. Reconcile the events of things unto both beings, that is, of this world and the next: so will there

Arbor Goa de Ruyz, or Ficus Indica, whose branches send down shoots which root in the ground, from whence there successively rise others, till one tree becomes a wood. First edit.

not seem so many riddles in Providence, nor various inequalities in the dispensation of things below. If thou dost not anoint thy face, yet put not on fackcloth at the felicities of others. Repining at the good, draws on rejoicing at the evils of others: and so falls into that a inhumane vice, for which so few languages have a name. The blessed Spirits above rejoice at our happiness below: but to be glad at the evils of one another, is beyond the malignity of hell; and falls not on evil spirits, who, tho' they rejoice at our unhappiness, take no pleasure at the afflictions of their own fociety or of their fellow natures. Degenerous heads! who must be fain to learn from such examples, and to be taught from the school of hell.

в Епиперенакіа. First edit.

#### S E C T. VI.

RAIN not thy vicious stains; nor deepen those swart tinctures, which temper, infirmity, or ill habits have set upon thee; and fix not, by iterated depravations, what time might efface, or virtuous washes expunge. He, who thus still advanceth in iniquity, deepneth his deformed hue; turns a shadow into night, and makes himself a Negro in the black jaundice; and so becomes one of those lost ones, the disproportionate pores of whose brains afford no entrance unto good motions, but reflect and frustrate all counsels, deaf unto the thunder of the laws, and rocks unto the cries of charitable commiserators. He who hath had the patience of Diogenes, to make orations unto statues, may more sensibly apprehend how all words fall to the ground, spent upon such a surd and earless generation of men, stupid unto all instruction,

b See note (a) page 15.

and rather requiring an exorcist than an orator for their conversion!

#### S E C T. VII.

URDEN not the back of Aries, Leo, or Taurus, with thy faults; nor make Saturn, Mars, or Venus, guilty of thy follies. Think not to fasten thy imperfections on the stars, and so despairingly conceive thyself under a fatality of being evil. Calculate thyself within; seek not thyself in the moon, but in thine own orb or b microcosmical circumference. Let celestial aspects admonish and advertise, not conclude and determine thy ways. For since good and bad stars moralize not our actions, and neither excuse or commend, acquit or condemn our good or bad deeds at the present or last bar; since some are astrologically well disposed, who are morally highly vicious; not celestial figures, but virtuous schemes, must denominate and

state

a The Ram, Lion, or Bull, figns in the zodiack.

b "In the compass of thy own little world."

state our actions. If we rightly understood the names whereby God calleth the stars; if we knew his name for the dog-star, or by what appellation Jupiter Mars and Saturn obey his will; it might be a welcome accession unto astrology, which speaks great things, and is fain to make use of appellations from Greek and barbarick systems. Whatever influences impulsions or inclinations there be from the lights above, it were a piece of wisdom to make one of those e wise men who overrule their stars, and with their own militia contend with the host of heaven. Unto which attempt there want not auxiliaries from the whole strength of morality, supplies from christian ethicks, influences also and illuminations from above, more powerful than the lights of heaven.

e Sapiens dominabitur astris. First edit.

## [ 94 ]

### S E C T. VIII.

ONFOUND not the distinctions of thy life which nature hath divided; that is, youth, adolescence, manhood, and old age: nor in these divided periods, wherein thou art in a manner four, conceive thyself but one. Let every division be happy in its proper virtues, nor one vice run through all. Let each distinction have its salutary transition, and critically deliver thee from the imperfections of the former; so ordering the whole, that prudence and virtue may have the largest section. Do as a child but when thou art a child, and ride not on a reed at twenty. He who hath not taken leave of the follies of his youth, and in his maturer state scarce got out of that division, disproportionately divideth his days, crowds up the latter part of his life, and leaves too narrow a corner for the age of wisdom; and so hath room to be a man, scarce longer than he hath been a youth. Rather than to make this confusion, anticipate the virtues of age, and live long without the infirmities of it. So may'st thou count up thy days as some do <sup>a</sup> A D A M's, that is by anticipation; so may'st thou be coetaneous unto thy elders, and a father unto thy contemporaries.

#### S E C T. IX.

HILE others are curious in the choice of good air, and chiefly follicitous for healthful habitations, study thou conversation, and be critical in thy confortion. The aspects, conjunctions, and configurations of the stars, which mutually diversify, intend, or qualify their influences, are but the varieties of their nearer or farther conversation with one another, and like the confortion of men, whereby they become better or worse, and even exchange their natures. Since men live by examples, and will be imitating something; order thy imitation to thy improvement, not thy ruin.

ADAM, thought to be created in the state of man, about thirty years old. First edit.

Look

Look not for roses in Attalus his garden, or wholesome flowers in a venomous plantation. And fince there is scarce any one bad, but some others are the worse for him; tempt not contagion by proximity, and hazard not thyself in the shadow of corruption. He who hath not early suffered this shipwreck, and in his younger days escaped this Charybdis, may make a happy voyage, and not come in with b black fails into the port. Self-conversation, or to be alone, is better than such consortion. Some schoolmen tell us, that he is properly alone, with whom in the same place there is no other of the same species. Nabuchodonozor was alone, though among the beafts of the field; and a wife man may be tolerably faid to be alone, though with a rabble of people little better than beasts about him. Unthinking heads, who have not learn'd to be alone,

Attalus made a garden which contained only venomous plants. First edit.

h Alluding to the story of Theseus, who had black sails when he went to engage the Minotaur in Crete.

are in a prison to themselves, if they be not also with others: whereas, on the contrary, they whose thoughts are in a fair, and hurry within, are sometimes fain to retire into company, to be out of the crowd of themselves. He who must needs have company, must needs have sometimes bad company. Be able to be alone. Lose not the advantage of solitude, and the society of thyself; nor be only content, but delight to be alone and single with Omnipre-SENCY. He who is thus prepared, the day is not uneafy nor the night black unto him. Darkness may bound his eyes, not his imagination. In his bed he may lie, like e Pompey and his sons, in all quarters of the earth; may speculate the universe, and enjoy the whole world in the hermitage of himself. Thus the old Ascetick christians found a paradise in a desert, and with little converse on earth held a conversation in heaven; thus they astronomiz'd in caves, and

H

though

C Pompeios Juvenes Asia atque Europa, sed ipsum Terra tegit Libves. First edis.

though they beheld not the stars, had the glory of heaven before them.

#### SECT. X.

indelibly in thy mind, and thy thoughts be active on them. Trust not too much unto suggestions from a reminiscential amulets, or artificial memorandums. Let the mortifying Janus of b Covarrubias be in thy daily thoughts, not only on thy hand and signets. Rely not alone upon silent and dumb remembrances. Behold not

Quid fuerim, quid simque, vide.

First edit.

You discern

What now I am, and what I was shall learn. Addis.

death's

<sup>&</sup>lt;sup>a</sup> Any thing worn on the hand or body, by way of monition or remembrance.

b Don Sebastian de Covarrubias, writ three centuries of moral emblems in Spanish. In the 88th of the second century he sets down two faces averse, and conjoined Janus-like; the one a gallant beautiful face, the other a death's-head face, with this motto out of Ovid's Metamorphosis,

death's heads till thou doest not see them, nor look upon mortifying objects till thou overlook'st them. Forget not how assuefaction anto any thing minorates the passion from it; how constant objects lose their hints, and steal an inadvertisement upon us. There is no excuse to forget what every thing prompts unto us. To thoughtful observators, the whole world is a c phylactery; and every thing we see an item of the wisdom, power, or goodness of Goo. Happy are they who verify their amulets, and make their phylacteries speak in their lives and actions. To run on in despight of the revulsions and pull-backs of such remora's, aggravates our transgressions. When death'sheads on our hands have no influence upon our heads, and fleshless cadavers abate not the exorbitances of the flesh; when crucifixes upon mens' hearts suppress not their bad commotions, and his image who was murdered for us withholds not from blood and murder; phylacteries prove but

c See page 29. note (a).

## 100

formalities, and their despised hints sharpen our condemnations.

### S E C T. XI.

OOK not for whales in the Euxine sea, or expect great matters where they are not to be found. Seek not for profundity in shallowness, or fertility in a wilderness. Place not the expectation of great happiness here below, or think to find heaven on earth; wherein we must be content with embryon-felicities, and fruitions of doubtful faces: for the circle of our felicities makes but short arches. In every clime we are in a a periscian state; and, with our light, our shadow and darkness walk about us. Our contentments stand upon the tops of pyramids ready to fall off, and the infecurity of their enjoyments abrupteth our tranquillities. What we magnify is magni-

a "With shadows all round us." The Periscii are those, who, living within the polar circle, see the sun move round them, and consequently project their shadows in all directions.

ficent, but, like to the Colossus, noble without, stuft with rubbidge and coarse metal within. Even the sun, whose glorious outside we behold, may have dark and smoky entrails. In vain we admire the lustre of any thing feen: that which is truly glorious, is invisible. Paradise was but a part of the earth, lost not only to our fruition but our knowledge. And if, according to old dictates, no man can be said to be happy before death; the happiness of this life goes for nothing before it be over, and while we think ourselves happy we do but usurp that name. Certainly, true beatitude groweth not on earth, nor hath this world in it the expectations we have of it. He swims in b oil, and can hardly avoid finking, who hath such light foundations to support him: 'tis, therefore, happy, that we have two worlds to hold on. To enjoy true happiness, we must travel into a very far country, and even out of ourselves; for the

b Which being a light fluid, cannot support any heavy body.

# [ 102 ]

pearl we seek for is not to be found in the Indian, but in the 2 Empyrean ocean.

#### S E C T. XII.

ANSWER not the spur of sury, and be not prodigal or prodigious in revenge. Make not one in the b Historia horribilis; c slay not thy servant for a broken glass, nor d pound him in a mortar who offendeth thee; supererogate not in the worst sense, and overdo not the necessities of evil; humour not the injustice of revenge. Be not stoically mistaken in the equality of sins, nor commutatively iniquous in the valuation of transgressions;

<sup>&</sup>quot; In the expanses of the highest heaven."

b A book so intitled, wherein are sundry horrid accounts. First edit.

When Augustus supped with one of the Roman senators, a slave happened to break a glass, for which his master ordered him to be thrown into his pond to feed his lampreys. Augustus, to punish his cruelty, ordered all the glasses in the house to be broken.

d Anaxarchus, an antient philosopher, was beaten in a mortar by a tyrant.

but weigh them in the scales of heaven, and by the weights of righteous reason. Think that revenge too high, which is but level with the offence. Let thy arrows of revenge fly short; or be aimed like those of JONATHAN, to fall beside the mark. Too many there be to whom a dead enemy fmells well, and who find musk and amber in revenge. The ferity of such minds holds no rule in retaliations, requiring too often a head for a tooth, and the supreme revenge for trespasses which a night's rest should obliterate. But patient meekness takes injuries like pills, not chewing but fwallowing them down, laconically fuffering, and filently passing them over; while angered pride makes a noise, like e Homerican Mars, at every scratch of offences.

vel potius quantum Gradivus Homericus. Juv.

First edit.

You rage and storm, and blasphemously loud, As Stentor bellowing to the Grecian crowd, Or Homer's Mars. CREECH.

H 4

Since

# [ 104 ]

Since a women do most delight in revenge, it may seem but seminine manhood to be vindicative. If thou must needs have thy revenge of thine enemy, with a b soft tongue break his bones, heap coals of sire on his head, forgive him and enjoy it. To forgive our enemies is a charming way of revenge, and a short Cæsarian conquest overcoming without a blow; laying our enemies at our feet, under sorrow, shame, and repentance; leaving our foes our friends, and sollicitously inclined to grateful retaliations. Thus to return upon our adversaries, is a healing way of revenge; and to do good for evil a soft and melting ultion, a

The weakest frailty of a feeble mind.

Degenerous passion, and for man too base,

It seats its empire in the semale race. Creech.

b A soft tongue breaketh the bones. Prov. xxv. 15. First edit.

method taught from heaven to keep all fmooth on earth. Common forceable ways make not an end of evil, but leave hatred and malice behind them. An enemy thus reconciled is little to be trusted, as wanting the foundation of love and charity, and but for a time restrained by disadvantage or inability. If thou hast not mercy for others, yet be not cruel unto thyself. To ruminate upon evils, to make critical notes upon injuries, and be too acute in their apprehensions; is to add unto our own tortures. to feather the arrows of our enemies, to lash ourselves with the scorpions of our foes, and to resolve to sleep no more: for injuries long dreamt on, take away at last all rest; and he sleeps but like Regulus, who busieth his head about them.

#### S E C T. XIII.

MUSE not thyself about the riddles of future things. Study prophecies when they are become histories, and past hovering in their causes. Eye well things past

past and present, and let conjectural sagacity suffice for things to come. There is a sober latitude for prescience in contingences of discoverable tempers, whereby discerning heads see sometimes beyond their eyes, and wise men become prophetical. Leave cloudy predictions to their periods, and let appointed seasons have the lot of their accomplishments. Tis too early to study such prophecies before they have been long made, before some train of their causes have already taken fire, laying open in part what lay obscure and before buried unto us. For the voice of prophecies is like that of whispering-places: they who are near, or at a little distance, hear nothing; those at the farthest extremity will understand all. But a retrograde cognition of times past, and things which have already been, is more latisfactory than a suspended knowledge of what is yet unexistent. And the greatest part of time being already wrapt up in things behind us; it's now somewhat late to bait after things before us; for futurity

# [ 107 ]

still shortens, and time present sucks in time to come. What is prophetical in one age proves historical in another, and so must hold on unto the last of time; when there will be no room for prediction, when Janus shall lose one face, and the long beard of time shall look like those of David's servants, shorn away upon one side; and when, if the expected Elias should appear, he might say much of what is past, not much of what's to come.

### S E C T. XIV.

and leave it not disputable at last, whether thou hast been a man; or, since thou art a composition of man and beast, how thou hast predominantly passed thy days, to state the denomination. Un-man not, therefore, thyself by a bestial transformation, nor realize old fables. Expose not thyself by four-footed manners unto monstrous draughts, and caricatura representations. Think not after the old

Pythagorean conceit, what beast thou may'st be after death. Be not under any brutal a metempsychosis while thou livest, and walkest about erectly under the scheme of man. In thine own circumference, as in that of the earth, let the rational horizon be larger than the sensible, and the circle of reason than of sense: let the divine part be upward, and the region of beast below; otherwise, 'tis but to live invertedly, and with thy head unto the heels of thy antipodes. Desert not thy title to a divine particle and union with invisibles. Let true knowledge and virtue tell the lower world, thou art a part of the higher. Let thy thoughts be of things which have not entred into the hearts of beasts: think of things long past, and long to come: acquaint thyself with the b choragium of the stars, and consider the vast expansion beyond them. Let intellectual tubes give thee a glance of things, which visive organs reach not. Have a glimpse of incompre-

<sup>3</sup> See page 62, note (a).

b Dance.

hensibles; and thoughts of things, which thoughts but tenderly touch. Lodge immaterials in thy head; ascend unto invisibles; fill thy spirit with spirituals, with the mysteries of faith, the magnalities of religion, and thy life with the honour of God; without which, though giants in wealth and dignity, we are but dwarfs and pygmies in humanity, and may hold a pitiful rank in that triple division of mankind into heroes men and beafts. For though human souls are said to be equal, yet is there no small inequality in their operations; some maintain the allowable station of men; many are far below it; and some have been so divine, as to approach the Apogeum of their natures, and to be in the confinium of spirits.

c To the utmost point of distance from earth and earthly things.

SECT.

## [ 110 ]

## S E C T. XV.

BEHOLD thyself by inward opticks and the a crystalline of thy soul. Strange it is, that in the most perfect sense there should be so many fallacies, that we are fain to make a doctrine, and often to see by art. But the greatest imperfection is in our inward sight, that is, to be ghosts unto our own eyes; and while we are so sharp-sighted as to look thorough others, to be invisible unto ourselves; for the inward eyes are more fallacious than the outward. The vices we scoff at in others, laugh at us within ourselves. Avarice pride falshood lie undiscerned and blindly in us, even to the age of blindness: and, therefore, to see ourselves interiourly, we are fain to borrow other men's eyes; wherein true friends are good informers, and censurers no bad friends. Conscience only, that can see without light, sits in the

<sup>2</sup> Alluding to the crystalline humour of the eye.

c Areopagy and dark tribunal of our hearts, furveying our thoughts and condemning their obliquities. Happy is that state of vision that can see without light, though all should look as before the creation, when there was not an eye to see, or light to actuate a vision: wherein, notwithstanding, obscurity is only imaginable respectively unto eyes; for unto God there was none: eternal light was ever; created light was for the creation, not himself; and as he saw before the sun, may still also see without it. In the city of the new Jerusalem there is neither fun nor moon; where glorified eyes must see by the c'Archetypal sun, or the light of God, able to illuminate intellectual eyes, and make unknown visions. Intuitive perceptions in spiritual beings may, perhaps, hold some analogy unto vision: but yet how they see us, or one another, what eye, what light, or what perception is required unto their intuition, is yet dark

b The great court, like the Areopagus of Athens.

c Original.

## [ 112 ]

unto our apprehension; and even how they see God, or how unto our glorified eyes the beatifical vision will be celebrated, another world must tell us, when perceptions will be new, and we may hope to behold invisibles.

## SECT. XVI.

HEN all looks fair about, and thou feeft not a cloud so big as a hand to threaten thee, forget not the wheel of things: think of fullen vicissitudes, but beat not thy brains to foreknow them. Be armed against such obscurities, rather by submission than fore-knowledge. The knowledge of suture evils mortifies present selicities, and there is more content in the uncertainty or ignorance of them. This favour our Saviour vouchsafed unto Peter, when he foretold not his death in plain terms, and so by an ambiguous and cloudy delivery dampt not the spirit of his disciples. But in the affured fore-knowledge of the deluge, Noah lived many years under

the

# [ 113 ]

the affliction of a flood; and Jerusalem was taken unto Jeremy, before it was besieged. And, therefore, the wisdom of astrologers, who speak of suture things, hath wisely softned the severity of their doctrines; and even in their sad predictions, while they tell us of inclination not coaction from the stars, they kill us not with Stygian oaths and merciles necessity, but leave us hopes of evasion.

## S E C T. XVII.

of traitor, perjur'd, or oppressor, yet cover thy face when ingratitude is thrown at thee. If that degenerous vice possess thee, hide thyself in the shadow of thy shame, and pollute not noble society. Grateful ingenuities are content to be obliged within some compass of retribution; and being depressed by the weight of iterated savours, may so labour under their inabilities of requital, as to abate the content from kindnesses. But narrow self-ended souls make

prescription of good offices, and obliged by often favours think others still due unto them: whereas, if they but once fail, they prove so perversely ungrateful, as to make nothing of former courtesies, and to bury all that's past. Such tempers pervert the generous course of things; for they discourage the inclinations of noble minds, and make beneficency cool unto acts of obligation, whereby the grateful world should fubfist, and have their consolation. mon gratitude must be kept alive by the additionary fuel of new courtesies: but generous gratitudes, though but once well obliged, without quickening repetitions or expectation of new favours, have thankful minds for ever; for they write not their obligations in fandy but marble memories, which wear not out but with themselves.

### S E C T. XVIII.

HINK not silence the wisdom of fools; but, if rightly timed, the honour of wise men, who have not the infirmity,

mity, but the virtue of taciturnity; and speak not out of the abundance, but the well-weighed thoughts of their hearts. Such silence may be eloquence, and speak thy worth above the power of words. Make such a one thy friend, in whom princes may be happy, and great counsels successful. Let him have the key of thy heart, who hath the lock of his own, which no temptation can open; where thy secrets may last-ingly lie, like the lamp in Olybius his a urn, alive, and light, but close and invisible.

## S E C T XIX.

be made upon the altar of thy heart.

Call not Jove b to witness, with a stone in one hand, and a straw in another; and so make chaff and stubble of thy vows.

Worldly spirits, whose interest is their be-

Which after many hundred years was found burning under ground, and went out as foon as the air came to it. First edit.

Jovenn lapidem jurare. First edit.

lief, make cobwebs of obligations; and, if they can find ways to elude the a urn of the Prætor, will trust the thunderbolt of Jupiter: and, therefore, if they should as deeply swear as b Osman to Bethlem Gabor; yet whether they would be bound by those chains, and not find ways to cut such Gordian knots, we could have no just assurance. But honest mens' words are Stygian oaths, and promises inviolable. These are not the men for whom the setters of law were first forged; they needed not the solemness of oaths; c by keeping their faith they swear, and evacuate such confirmations.

## S E C T. XX.

HOUGH the world be histrionical, and most men live ironically, yet be thou what thou singly art, and personate

<sup>\*</sup> The vessel, into which the ticket of condemnation or acquittal was cast.

See the oath of Sultan Osman in his life, in the addition to Knolls his Turkish history. First edit.

c Colendo sidem jurant. Curtius. First edit.

# [ 117]

only thyself. Swim smoothly in the stream of thy nature, and live but one man. To single hearts doubling is discruciating: such tempers must sweat to dissemble, and prove but hypocritical hypocrites. Simulation must be short: men do not easily continue a counterfeiting life, or dissemble unto death. He who counterfeiteth, acts a part; and is, as it were, out of himself: which, if long, proves so irksome, that men are glad to pull off their vizards, and resume themfelves again; no practice being able to naturalize fuch unnaturals, or make a man rest content not to be himself. And, therefore, fince fincerity is thy temper, let veracity be thy virtue, in words, manners, and actions. To offer at iniquities, which have so little foundations in thee, were to be vicious up-hill, and strain for thy condemnation. Persons viciously inclined, want no wheels to make them actively vicious; as having the elater and spring of their own natures to facilitate their iniquities. And, therefore, so many, who are sinistrous unto good

good actions, are ambi-dexterous unto bád; and Vulcans in virtuous paths, Achilleses in vicious motions.

## S E C T. XXI.

of old philosophy, supported by naked reason, and the reward of mortal felicity; but labour in the ethicks of faith, built upon heavenly assistance, and the happiness of both beings. Understand the rules, but swear not unto the doctrines of a Zeno or Epicurus. Look beyond b Antoninus, and terminate not thy morals in b Seneca or Epictetus. Let not the twelve, but the two tables be thy law: let Pythagoras be thy remembrancer, not thy textuary and sinal instructer; and learn the vanity of the world, rather from Solomon than c Phocylydes. Sleep not in the dogmas of the

Peripatus,

<sup>\*</sup> The authors of the Stoical and Epicurcan philofophy.

<sup>•</sup> Stoical philosophers.

e A writer of moral sentences in verie.

## [ 119 ]

d Peripatus, Academy, or Porticus. Be a moralist of the e mount, an Epictetus in the faith, and christianize thy notions.

#### S E C T. XXII.

have a deep gust of the world; know what it is, what it can afford, and what 'tis to have been a man. Such a latitude of years may hold a considerable corner in the general map of time; and a man may have a curt epitome of the whole course thereof in the days of his own life; may clearly see he hath but acted over his fore-fathers; what it was to live in ages past, and what living will be in all ages to come.

HE is like to be the best judge of time, who hath lived to see about the sixtieth part thereof. Persons of short times may know what 'tis to live, but not the life of man, who, having little behind them, are but

1 4

Januses

d Three schools of philosophy.

e That is, according to the rules laid down in our Saviour's sermon on the mount.

Januses of one face, and know not singularities enough to raise axioms of this world: but such a compass of years will shew new examples of old things, parallelisms of occurrences through the whole course of time, and nothing be monstrous unto him; who may in that time understand not only the varieties of men, but the variation of himself, and how many men he hath been in that extent of time.

HE may have a close apprehension what it is to be forgotten, while he hath lived to find none who could remember his father, or scarce the friends of his youth; and may sensibly see with what a face in no long time oblivion will look upon himself. His progeny may never be his posterity; he may go out of the world less related than he came into it; and, considering the frequent mortality in friends and relations, in such a term of time, he may pass away divers years in forrow and black habits, and leave none to mourn for himself; orbity may be his inheritance, and riches his repentance.

In fuch a thred of time, and long obfervation of men, he may acquire a phyfiognomical intuitive knowledge; judge
the interiors by the outfide, and raife conjectures at first fight; and knowing what
men have been, what they are, what children probably will be, may in the present
age behold a good part and the temper of
the next; and since so many live by the
rules of constitution, and so sew overcome
their temperamental inclinations, make no
improbable predictions.

Such a portion of time will afford a large prospect backward, and authentick reslections how far he hath performed the great intention of his being, in the honour of his MAKER; whether he hath made good the principles of his nature, and what he was made to be; what characteristick and special mark he hath left, to be observable in his generation; whether he hath lived to purpose or in vain; and what he hath added, acted, or performed, that might considerably speak him a man.

In such an age, delights will be undelightful, and pleasures grow stale unto him; antiquated theorems will revive, and 2 So-Lomon's maxims be demonstrations unto him; hopes or presumptions be over, and despair grow up of any satisfaction below. And having been long tossed in the ocean of this world, he will by that time feel the in-draught of another, unto which this feems but preparatory, and without it of no high value. He will experimentally find the emptiness of all things, and the nothing of what is past; and wisely grounding upon true christian expectations, finding so much past, will wholly fix upon what is to come. He will long for perpetuity, and live as though he made haste to be happy. The last may prove the prime part of his life, and those his best days which he lived nearest heaven.

<sup>\*</sup> That all is vanity.

## [ 123 ]

#### S E C T. XXIII.

I VE happy in the Elizium of a virtu-ously composed mind, and let intellectual contents exceed the delights wherein mere pleasurists place their paradise. Bear not too sack reins upon pleasure, nor let complexion or contagion betray thee unto the exorbitancy of delight. Make pleasure thy recreation or intermissive relaxation, not thy Diana, life and profession. Voluptuousness is as insatiable as covetousness. Tranquillity is better than jollity, and to appease pain than to invent pleasure. Our hard entrance into the world, our miserable going out of it, our sicknesses, disturbances, and fad rencounters in it, do clamoroufly tell us we come not into the world to run a race of delight, but to perform the sober acts and serious purposes of man; which to omit were foully to miscarry in the advantage of humanity, to play away an uniterable life, and to have lived in vain. Forget not the capital end, and frustrate

not the opportunity of once living. Dream not of any kind of a metempsychosis or transanimation, but into thine own body, and that after a long time; and then also unto wail or bliss, according to thy first and fundamental life. Upon a curricle in this world depends a long course of the next, and upon a narrow scene here an endless expansion hereafter. In vain some think to have an end of their beings with their lives. Things cannot get out of their natures, or be or not be in despight of their constitutions. Rational existences in heaven perish not at all, and but partially on earth: that which is thus once, will in some way be always: the first living human soul is still alive, and all Adam hath found no period.

#### S E C T. XXIV.

SINCE the stars of heaven do differ in glory; since it hath pleased the Almighty hand to honour the north-pole with lights above the south; since there are

a See note (a) page 62.

some stars so bright that they can hardly be looked on, some so dim that they can scarce be seen, and vast numbers not to be seen at all even by artificial eyes; read thou the earth in heaven, and things below from above. Look contentedly upon the scattered difference of things, and expect not equality, in lustre, dignity, or perfection, in regions or persons below; where numerous numbers must be content to stand like lacteous or nebulous stars, little taken notice of, or dim in their generations. All which may be contentedly allowable in the affairs and ends of this world, and in suspension unto what will be in the order of things hereafter, and the new system of mankind which will be in the world to come; when the last may be the first, and the first the last; when Lazarus may sit above Cæsar, and the just obscure on earth shall shine like the sun in heaven; when personations shall cease, and histrionism of happiness be over; when reality shall rule, and all shall be as they shall be for ever.

SECT.

#### S E C T. XXV.

HEN the Stoick said that a life would not be accepted, if it were offered unto such as knew it, he spoke too meanly of that state of being which placeth us in the form of men. It more depresiates the value of this life, that men would not live it over again; for although they would still live on, yet few or none can endure to think of being twice the same men upon earth, and some had rather never have lived than to tread over their days once more. b Cicero in a prosperous state had not the patience to think of beginning in a cradle again. Job would not only curse the day of his nativity, but also of his renascency, if he were to act over his disasters and the miseries of the dunghil. But the greatest underweening of this life is to undervalue

SENECA. First edit.

that,

a Vitam nemo acciperet, si daretur scientibus.

b Si quis Deus mihi largiatur, ut repuerascam et in cunis vagiam, valde recusem. Cic. de Senectute.

that, unto which this is but exordial or a passage leading unto it. The great advantage of this mean life is thereby to stand in a capacity of a better; for the colonies of heaven must be drawn from earth, and the fons of the first Adam are only heirs unto the second. Thus Adam came into this world with the power also of another; nor only to replenish the earth, but the everlasting mansions of heaven. Where we were when the foundations of the earth were laid, e when the morning stars sang together, and all the sons of God shouted for joy, HE must answer who asked it; who understands entities of preordination, and beings yet unbeing; who hath in his intellect the ideal existences of things, and entities before their extances. Though it looks but like an imaginary kind of existency, to be besore we are; yet since we are under the decree or prescience of a sure and Omnipo-TENT Power, it may be somewhat more

d Job xxxviii.

# [128]

than a non-entity, to be in that mind, unto which all things are present.

### S E C Ţ. XXVI.

F the end of the world shall have the same foregoing signs, as the period of empires, states, and dominions in it, that is, corruption of manners, inhuman degenerations, and deluge of iniquities; it may be doubted, whether that final time be so far off, of whose day and hour there can be no prescience. But while all men doubt, and none can determine how long the world shall last, some may wonder that it hath spun out so long and unto our days. For if the Almighty had not determin'd a fixed duration unto it, according to his mighty and merciful designments in it; if he had not said unto it, as he did unto a part of it, hitherto shalt 'thou go and no farther; if we consider the incessant and cutting provocations from the earth; it is not without amazement, how his patience hath permitted so long a continuance unto

it; how he, who cursed the earth in the first days of the first man, and drowned it in the tenth generation after, should thus lastingly contend with flesh, and yet defer the last slames. For since he is sharply provoked every moment, yet punisheth to pardon, and forgives to forgive again; what patience could be content to act over such vicissitudes, or accept of repentances which must have after-penitences, his goodness can only tell us. And surely if the patience of Heaven were not proportionable unto the provocations from earth, there needed an intercessor not only for the sins, but the duration of this world, and to lead it up unto the present computation. Without fuch a merciful longanimity, the heavens would never be so aged as to grow old like a garment. It were in vain to infer from the doctrine of the sphere, that the time might come, when Capella, a noble northern star, would have its motion in the Æquator; that the northern zodiacal signs would at length be the southern,

the fouthern the northern, and Capricorn become our Cancer. However, therefore, the wisdom of the Creator hath ordered the duration of the world, yet since the end thereof brings the accomplishment of our happiness, since some would be content that it should have no end, since evil men and spirits do fear it may be too short, since good men hope it may not be too long; the prayer of the saints under the altar will be the supplication of the righteous world, that his mercy would abridge their languishing expectation, and hasten the accomplishment of their happy state to come.

#### S E C T. XXVII.

HOUGH good men are often taken away from the evil to come; though some in evil days have been glad that they were old, nor long to behold the iniquities of a wicked world, or judgments threatened by them; yet is it no small satisfaction unto honest minds, to

leave the world in virtuous well-temper'd times, under a prospect of good to come, and continuation of worthy ways acceptable unto God and man. Men who die in deplorable days, which they regretfully behold, have not their eyes closed with the like content; while they cannot avoid the thoughts of proceeding or growing enormities, displeasing unto that Spiritunto whom they are then going, whose honour they desire in all times and throughout all generations. If Lucifer could be freed from Lis dismal place, he would little care though the rest were left behind. Too many there may be of a Nero's mind, who, if their own turn were served, would not regard what became of others; and, when they die themselves, care not if all perish. But good men's wishes extend beyond their lives, for the happiness of

K 2

times

a Nero often had this faying in his mouth,

<sup>&#</sup>x27;Εμε θάνον ] Το γαΐα μιχθήτω πύει:

<sup>&</sup>quot; when I am once dead, let the earth and fire be umbled together."

# [ 132 ]

times to come, and never to be known unto them. And, therefore, while so many question prayers for the dead, they charitably pray for those who are not yet alive; they are not so enviously ambitious to go to heaven by themselves; they cannot but humbly wish, that the little slock might be greater, the narrow gate wider, and that, as many are called, so not a few might be chosen.

#### S E C T. XXVIII.

HAT a greater number of angels remained in heaven, than fell from it, the school-men will tell us; that the number of blessed souls will not come short of that vast number of fallen spirits, we have the savourable calculation of others. What age or century hath sent most souls unto heaven, he can tell who vouchsafeth that honour unto them. Though the number of the blessed must be complete before the world can pass away; yet since the world itself seems in the wane, and we have

# [ 133 ]

no fuch comfortable prognosticks of latter times; since a greater part of time is spun than is to come, and the blessed roll already much replenished; happy are those pieties, which sollicitously look about, and hasten to make one of that already much silled and abbreviated list to come.

### S E C T. XXIX.

World, fince the world itself is not long. The created world is but a small parenthesis in eternity; and a short interposition for a time between such a state of duration, as was before it and may be after it. And if we should allow of the old tradition, that the world should last six thousand years, it could scarce have the name of old, since the first man lived near a sixth pare thereof, and seven Methuselahs would exceed its whole duration. However, to palliate the shortness of our lives, and somewhat to compensate our brief term in this world, it's good to know as much as we

# [ 134 ]

can of it; and also, so far as possibly in us lieth, to hold such a theory of times past, as though we had seen the same. He who hath thus considered the world, as also how therein things long past have been answered by things present; how matters in one age have been acted over in another; and how there is nothing new under the sun; may conceive himself in some manner to have lived from the beginning, and to be as old as the world; and if he should still live on, 'twould be but the same thing.

#### S E C T. XXX.

ASTLY; a if length of days be thy portion, make it not thy expectation. Reckon not upon long life: think every day

2 Omnem crede diem tibi diluxisse supremum, Grata superveniet quæ non sperabitur hora. Hoz.

Believe, that ev'ry morning's ray
Hath lighted up thy latest day;
Then, if to-morrow's sun be thine,
With double lustre shall it shine.

FRANCIS.

the last, and live always beyond thy account. He that so often surviveth his expectation lives many lives, and will scarce complain of the shortness of his days. Time past is gone like a shadow; make time to come present. Approximate thy latter times by present apprehensions of them: be like a neighbour unto the grave, and think there is but little to come. And since there is fomething of us that will still live on, join both lives together, and live in one but for the other. He who thus ordereth the purposes of this life, will never be far from the next; and is in some manner already in it, by a happy conformity, and close apprehension of it. And if, a as we have elsewhere declared, any have been fo happy, as perfonally to understand christian annihilation, extasy, exolution, transformation, the kiss

In his treatise of URNBURIAL. Some other parts of these essays are printed in a letter among BROWNE's posshumous works. Those references to his own books prove these essays to be genuine.

## [ 136 ]

of the spouse, and ingression into the divine shadow, according to mystical theology, they have already had an handsome anticipation of heaven; the world is in a manner over, and the earth in ashes unto them.



de the production of the state of the wer he was killy, the Freezeway Total in a view of the second dition of the state of the state of Marie Marie Committee of the Committee o